

1 **Title: Aging is associated with a systemic length-driven transcriptome imbalance**

2

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26 **Abstract:** Aging manifests itself through a decline in organismal homeostasis and a multitude of
27 cellular and physiological functions¹. Efforts to identify a common basis for vertebrate aging
28 face many challenges; for example, while there have been documented changes in the
29 expression of many hundreds of mRNAs, the results across tissues and species have been

30 inconsistent². We therefore analyzed age-resolved transcriptomic data from 17 mouse organs
31 and 51 human organs using unsupervised machine learning³⁻⁵ to identify the architectural and
32 regulatory characteristics most informative on the differential expression of genes with age. We
33 report a hitherto unknown phenomenon, a systemic age-dependent length-driven
34 transcriptome imbalance that for older organisms disrupts the homeostatic balance between
35 short and long transcript molecules for mice, rats, killifishes, and humans. We also demonstrate
36 that in a mouse model of healthy aging, length-driven transcriptome imbalance correlates with
37 changes in expression of *splicing factor proline and glutamine rich (Sfpq)*, which regulates
38 transcriptional elongation according to gene length⁶. Furthermore, we demonstrate that
39 length-driven transcriptome imbalance can be triggered by environmental hazards and
40 pathogens. Our findings reinforce the picture of aging as a systemic homeostasis breakdown
41 and suggest a promising explanation for why diverse insults affect multiple age-dependent
42 phenotypes in a similar manner.

43
44 **Main text:**

45
46 The transcriptome responds rapidly, selectively, strongly, and reproducibly to a wide variety of
47 molecular and physiological insults experienced by an organism⁷. While the transcripts of
48 thousands of genes have been reported to change with age², the magnitude by which most
49 transcripts change is small in comparison with classical examples of gene regulation^{2,8} and there
50 is little consensus among different studies. We hence hypothesize that aging is associated with
51 a hitherto uncharacterized process that affects the transcriptome in a systemic manner. We
52 predict that such a process could integrate heterogenous, and molecularly distinctive,
53 environmental insults to promote phenotypic manifestations of aging¹.

54
55 We use an unsupervised machine learning approach³⁻⁵ to identify the sources of age-dependent
56 changes in the transcriptome. To this end, we measure and survey the transcriptome of 17
57 mouse organs from 6 biological replicates at 5 different ages from 4 to 24 months raised under
58 standardized conditions (Fig. 1A). We consider information on the structural architecture of
59 individual genes and transcripts, and knowledge on the binding of regulatory molecules such as

60 transcription factors and microRNAs (miRNAs) (Fig. 1B). We define age-dependent fold-changes
61 as the \log_2 -transformed ratio of transcripts of one gene at a given age relative to the transcripts
62 of that gene in the organs of 4-month-old mice. As expected for models capturing most
63 measurable changes in transcript abundance, the predicted fold-changes (Fig. S1) match
64 changes empirically observed between distinct replicate cohorts of mice (Figs. S2 and S3).
65
66 Further supporting the sensitivity of our machine learning approach, transcriptome-wide
67 predictions reach statistical significance in 9-month-old organs (Fig. S4) for which
68 complementary gene-specific differential gene expression analyses had not yet identified any
69 age-regulated gene (Fig. 1B, Figs. S5 and S6). This demonstrates that architectural and
70 regulatory features of genes inform on age-dependent changes of the transcriptome across
71 multiple organs.

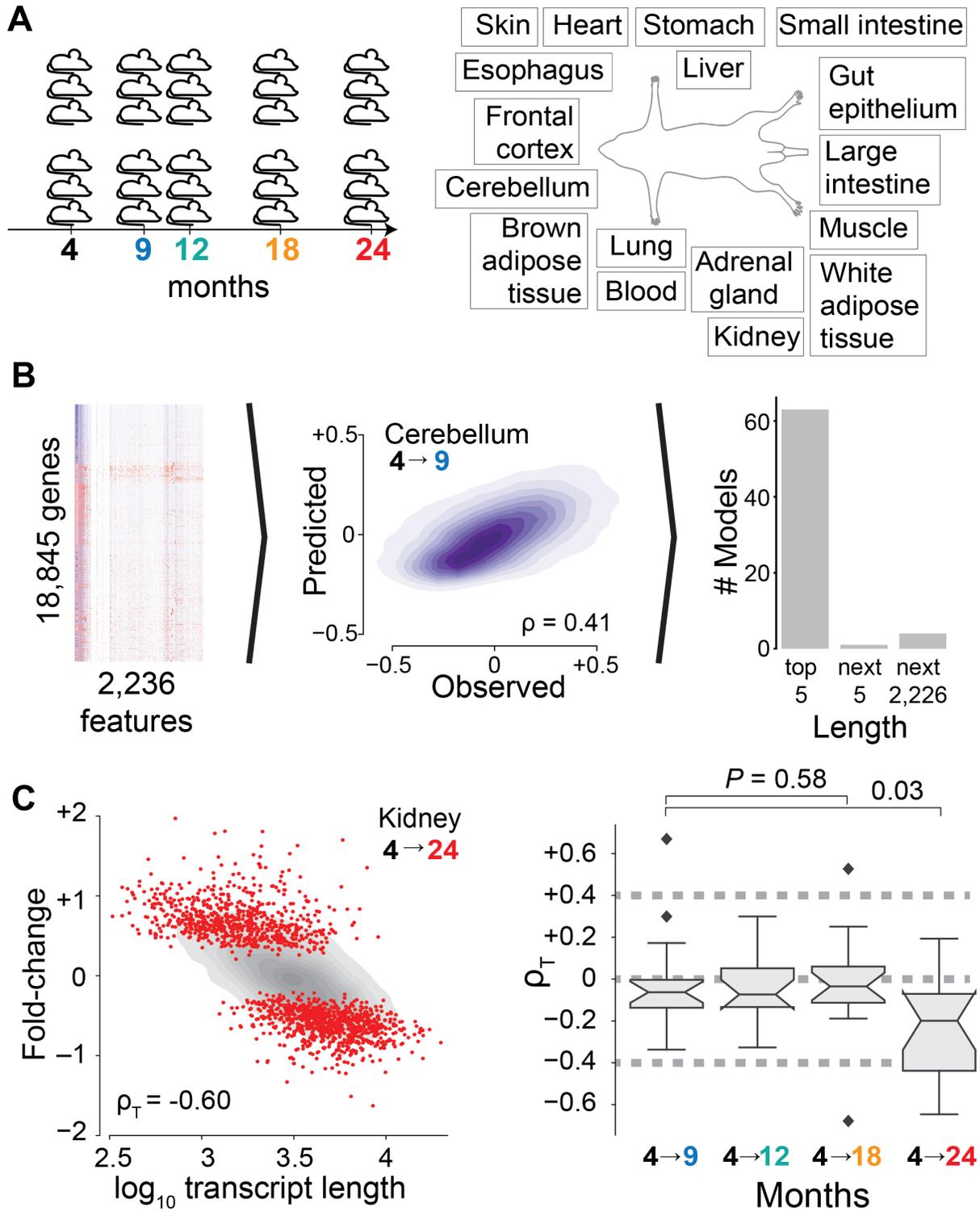
72

73 **Fig. 1.** Discovery of length-driven transcriptome imbalance in aging.

74 **(A)** At 4, 9, 12, 18, and 24 months of age, mice were sacrificed in two cohorts of three mice
75 each and assayed by RNA sequencing for the listed organs. **(B)** A machine learning (ML) model
76 was developed to predict fold-change of transcripts between samples from two ages for a given
77 tissue using 2,236 features corresponding to known gene-specific regulators (transcription
78 factors, miRNAs) and structural characteristics of genes and transcripts. A high-performance
79 example of ML model is shown (middle panel). Analysis of features with greatest impact on
80 performance of ML model (right panel) shows that length (median transcript length, gene
81 length, or median length of coding sequence) consistently ranks among the most important
82 features across all tissue- and age-specific models. **(C)** Dependence of fold-change observed
83 between kidney samples from 4- and 24-month-old mice on median transcript length.
84 Transcriptome imbalance (ρ_T) was defined as the Spearman correlation of the data. Grey shows
85 kernel density estimate of all genes whereas red dots highlight genes identified by gene-specific
86 differential expression. Right panel shows transcriptome imbalance (ρ_T) for the 17 organs of our
87 study. *P* values were estimated by two-sided Mann-Whitney *U* tests.

88

Fig. 1



90 To identify whether there are universal architectural or regulatory features informative on age-
91 dependent changes, we systematically analyze feature importance across models. The most
92 informative feature to those models is the median length of mature transcript molecules (Fig.
93 1B, Table S1), which is closely followed by the number of transcription factors, the length of the
94 gene, and the median length of the coding sequence (see Fig. S7 for additional details). We
95 conclude that during aging, transcript length is the most informative feature.

96

97 To determine whether transcript length could directly associate with age-dependent changes of
98 the transcriptome, or whether transcript length solely contributes to our models through
99 combinatorial interactions with additional architectural or regulatory features, we directly
100 compare observed fold-changes against transcript length. We find significant support (at P
101 values of $<10^{-40}$) for such a direct association for every organ (Fig. S8). For several organs, such
102 as 24-month-old kidneys, this relation is visually apparent (Fig. 1C, Figs. S9 and S10). For the
103 vast majority of organs, we find that expression changes and transcript length are
104 anticorrelated, indicating a systematic upregulation of short transcripts with age and a
105 systematic downregulation of long transcripts, which is already visible for 9-month-old animals
106 and further increases for 18- and 24-month-old animals (Fig. 1C). To emphasize the systemic
107 nature of the anticorrelation between transcript length and fold-change in older animals, we
108 term this phenomenon “length-driven transcriptome imbalance.”

109

110 To determine whether length-driven transcriptome imbalance extends beyond our own
111 experimental conditions in mice, we next inspect genes reported to be down- and upregulated
112 with age within recent surveys of vertebrates^{5,9,10}. In an independent mouse study, we can
113 confirm a reduced expression among long transcripts that change across multiple organs, and
114 for 2 of 4 organ-specific sets of transcripts (differentially expressed across 3-, 12-, and 29-
115 month-old animals). Furthermore, we find a reduced expression of long transcripts in older
116 animals for 3 of 3 killifish organs (differentially expressed between 5- and 39-week-old animals),
117 and 10 of 11 rat organs (8 organs between 2- and 6-week-old animals, 3 organs between 6- and
118 21-week-old animals, and 2 organs between 21- and 104-week-old animals) (Fig. 2A, Fig. S11).

119

120 To resolve, whether the length-driven imbalance observed among the bulk-transcriptomes of
121 entire organs reflected upon a change of cellular composition or a molecular process occurring
122 in a subset of cell types, we next reanalyze the data of a recent preprint which measured
123 transcriptomes for single cells of three organs of 7-month-old and 22-23-month-old mice¹¹. For
124 every single cell we correlate transcript lengths against the level of expression. In strong
125 support of systemic changes, we observe a significant reduction of transcripts from long genes
126 among single cells of 6 of 11 cell types of the kidney – including cell types with organ-specific
127 roles such as mesangial cells (Fig. 2B, Fig. S12) –, 10 of 12 cell types of the lung, and 4 of 4 cell
128 types of the spleen. When reanalyzing the data provided for 17 mouse organs by another
129 recent preprint by the Tabula Muris Senis consortium¹², we find 93 of 111 cell types to have a
130 significant reduction of long transcripts in 24-month-old animals relative to 3-month-old
131 animals (Fig. 2C, Fig. S13). We conclude that an imbalance of transcripts occurs in most cell
132 types of mice, and – paralleling our earlier findings on entire organs – mainly disfavors long
133 genes in aged individuals.

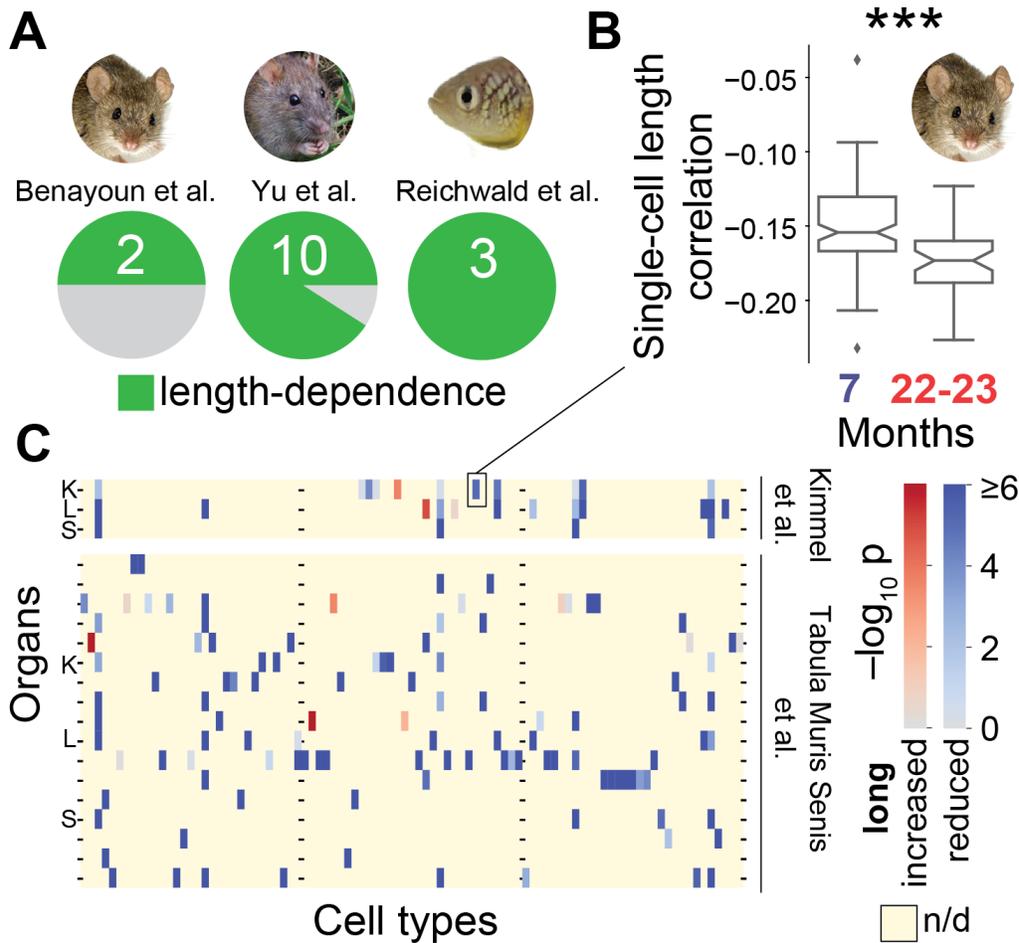
134

135 **Fig. 2.** Length-driven transcriptome imbalance in other vertebrates.

136 (A) Genes reported as significantly up- and downregulated with age significantly differ in the
137 median length of their transcripts in 2 of 4 mouse organs, 10 of 11 rat organs, and 3 of 3 killifish
138 organs ($P < 0.05$; two-sided Mann-Whitney U test). (B) Increased imbalance in old kidney
139 mesangial cells. Single-cell length correlations are defined as the spearman correlations
140 between transcript length and transcript levels. *** $P < 0.001$ in two-sided Mann-Whitney U
141 test. (C) Significance of shifted single-cell length correlations between older and younger
142 animals for data by Kimmel et al.¹¹ and Tabula Muris Senis et al.¹²; Red indicates that median
143 single-cell length correlations are lower in older animals and blue indicates that median single-
144 cell length correlations are higher in older animals. Yellow indicates absence of data (e.g.: if cell
145 type absent or not detected); K is kidney, L is lung, S is spleen.

146

Fig. 2



147

148

149 To determine, whether length-driven transcriptome imbalance also occurred during human
 150 aging, we next reanalyze transcriptomes collected by the GTEx consortium¹³ generated from
 151 human tissues at the time of their death (Fig. 3A). Supporting our initial findings in mice,
 152 machine learning models trained on those transcriptomes recover gene length as the most
 153 informative feature (Fig. 3B). Also informative were the guanine-cytosine (GC) content of
 154 transcripts, the number of different transcription factors bound to the transcriptional start site,
 155 and the length of the transcript molecules (Figs. S14 and S15, Table S2). Further matching our
 156 findings on mice, length-driven transcriptome imbalance is already apparent for the majority of
 157 organs among middle-aged donors (40–59 years) in comparison with young donors (20–39
 158 years). In contrast to our own experiments, GTEx sampled several regions of individual organs,

159 revealing that, among humans, transcriptome imbalance is most pervasive in the brain (Fig. 3D)
 160 both among female and male donors (Fig. S16). We conclude that transcriptome imbalance
 161 occurs in multiple vertebrates, including humans, and affects individual organs to a varying
 162 extent.

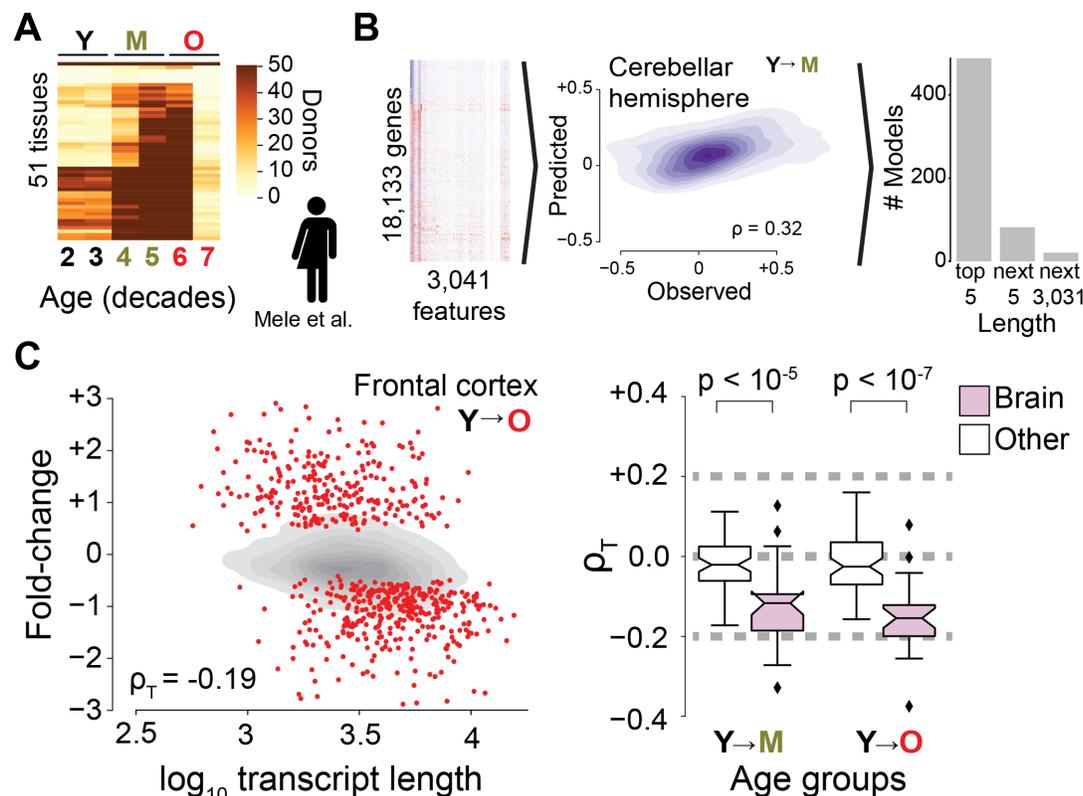
163

164 **Fig. 3.** Length-driven transcriptome imbalance in humans.

165 (A) Number of samples archived by the GTEx consortium for individual tissues as function of
 166 donor age. “Y” marks donors aged 20–39 years; “M” marks donors aged 40–59 years; “O”
 167 marks donors aged 60–79 years. (B) Same as Fig. 1B, but for human regulatory elements, and
 168 transcriptomes measured by the GTEx consortium. (C) Transcriptome imbalance in human
 169 GTEx. Pink box plots are for tissues from different brain regions. *P* values were estimated by
 170 two-sided Mann-Whitney *U* tests

171

Fig. 3



172

173

174 We hypothesize that transcriptome imbalance may primarily challenge or promote cellular
 175 processes important to aging. Since length-driven transcriptome imbalance most strongly

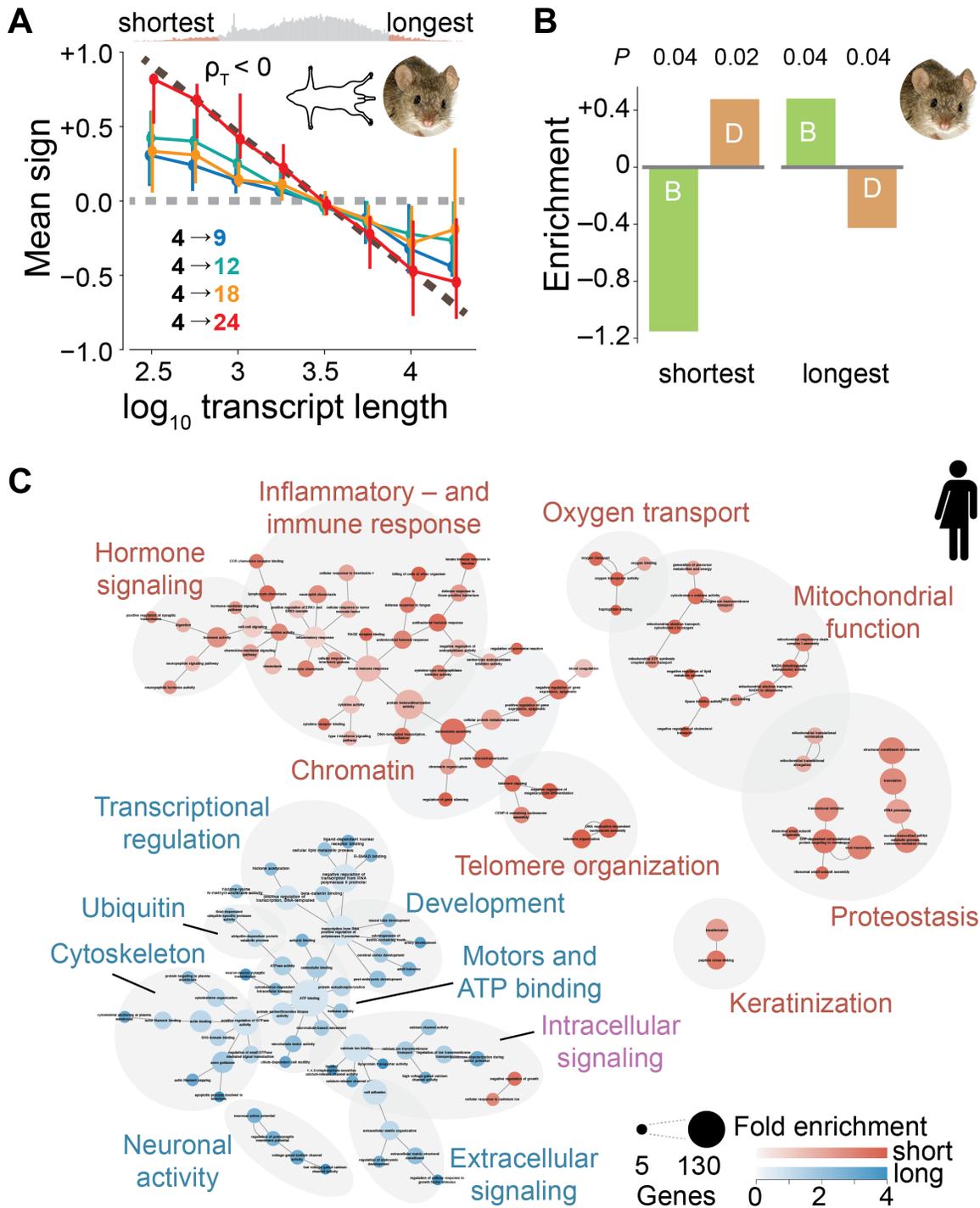
176 affects short and long transcripts (Fig. 4A, Fig. S17), we focus on them. Consistent with current
177 knowledge, the mapping of known longevity mutants recovered from model organisms onto
178 human and mouse genes yields a finding that the shortest transcripts are significantly depleted
179 from genes beneficial to longevity and significantly enriched for deleterious effects, whereas
180 long transcripts are opposingly enriched for beneficial effects and opposingly depleted from
181 deleterious effects (Fig. 4B, Fig. S18). More broadly, Gene Ontology analysis for annotations
182 enriched among transcripts of one length extreme and simultaneously depleted among
183 transcripts of the other length extreme recover well-established facts in the literature
184 concerning molecular, cellular, and physiological processes associated with aging (Tables S3–
185 S6). Short genes are enriched for proteostasis, mitochondrial function, telomere maintenance,
186 chromatin organization, and immune function^{14,15}. Long genes are enriched for transcriptional
187 regulation¹⁶, developmental processes¹⁷, ATP binding¹⁸, cytoskeletal structure, and synaptic
188 activity¹⁹ (Fig. 4C). Collectively, these findings demonstrate a remarkably high overlap between
189 the functions encoded by the shortest and longest transcripts and the biological hallmarks of
190 aging^{15,20}.

191

192 **Fig. 4.** Short and long transcripts enrich for biological processes previously associated with
193 aging.

194 **(A)** Direction of fold-change for transcripts relative to 4-month-old mice across all organs. An
195 average sign of +1 would indicate that all genes are upregulated, whereas an average sign of -1
196 would indicate that all are downregulated. Colors indicate age comparisons as in Fig. 1A. Circles
197 show median values of fold-change across all samples and error bars represent 95% confidence
198 intervals. Dashed brown line is linear approximation to slope seen in 24-month-old animals.
199 Histogram shows genes with indicated transcript length. Genes with the 5% shortest and 5%
200 longest median lengths are colored in red. Note the visible and significant negative correlation
201 between transcript length and fold-change. **(B)** Fold enrichment for beneficial (B, green) and
202 deleterious (D, orange) genes among the genes with the 5% shortest and 5% longest median
203 transcript lengths in humans. Negative enrichment indicates depletion. **(C)** Human Gene
204 Ontology analysis for annotations enriched (depleted) among genes within transcripts in the
205 bottom (top) 5% of gene lengths. Area of circle is proportional to number of enriched genes.
206 Edges represent highest embedding of a smaller annotation within a larger one. Red (blue)
207 indicates genes enriched in genes with shortest (longest) transcripts ($P < 0.05$; Benjamini-
208 Hochberg corrected Fisher's exact test).

Fig. 4



209

210

211 Next, we investigate possible origins of transcriptome imbalance. Genes whose transcript
212 expressions correlate with transcriptome imbalance beyond the correlation expected by their
213 own transcript length (Fig. 5A) might reveal molecular processes underlying the observed
214 length-driven transcriptome imbalance. Within our own experimental data of male C57BL/6
215 mice housed under specific pathogen free conditions (Fig. 1A,B), those genes (Table S7) enrich
216 for roles in RNA binding, transcription, and splicing. The 1st and 2nd strongest associations are
217 *Neuroblast differentiation-associated protein AHNAK* (AHNAK) and *fused in sarcoma* (Fus),
218 respectively. The former gene was initially identified to encode for an unusually large 700-kDa
219 protein²¹, which was since shown to compete for its expression with a short 17-kDa protein
220 isoform of AHNAK²². Fus is a partner²³ of the polyfunctional age-associated²³⁻²⁸ *splicing factor*
221 *proline and glutamine rich* (Sfpq), which has the 27th strongest association and was recently
222 found to be essential to the transcriptional elongation of genes than 100 kb^{6,29} (Fig. 5A). Our
223 finding that impaired transcriptional efficiency disproportionately disfavoring long transcripts is
224 thus consistent with prior literature³⁰⁻³⁴ and provides a molecular association to the length-
225 driven transcriptional imbalance.

226

227 As environmental factors contribute to aging³⁵, we surmise that environmental insults may
228 promote length-driven transcriptome imbalance. Consequently, we perform a meta-analysis of
229 2,155 mouse and 2,641 human transcriptomic studies represented in the EBI-GXA database,
230 which includes gene expression data for multiple species under different biologic conditions
231 (Fig. 5B). This approach recovers an anticorrelation between transcript length and fold-changes
232 inflicted by inhibitors of transcriptional elongation^{31,36} or exposure to several environmental
233 factors contributing to phenotypic manifestations of aging, such as exposure to pollution³⁷,
234 sleep deprivation³⁸, heat³⁹, and pathogens¹⁴. Furthermore, we observe an anticorrelation
235 among neurodegenerative disorders such as amyotrophic lateral sclerosis (ALS) and Alzheimer's
236 disease (Fig. 5B, Tables S8 and S9).

237

238 To determine whether those environmental factors could suffice to trigger transcriptome
239 imbalance, we infected mice with a clinically important pathogen in aging⁴⁰, influenza A virus,

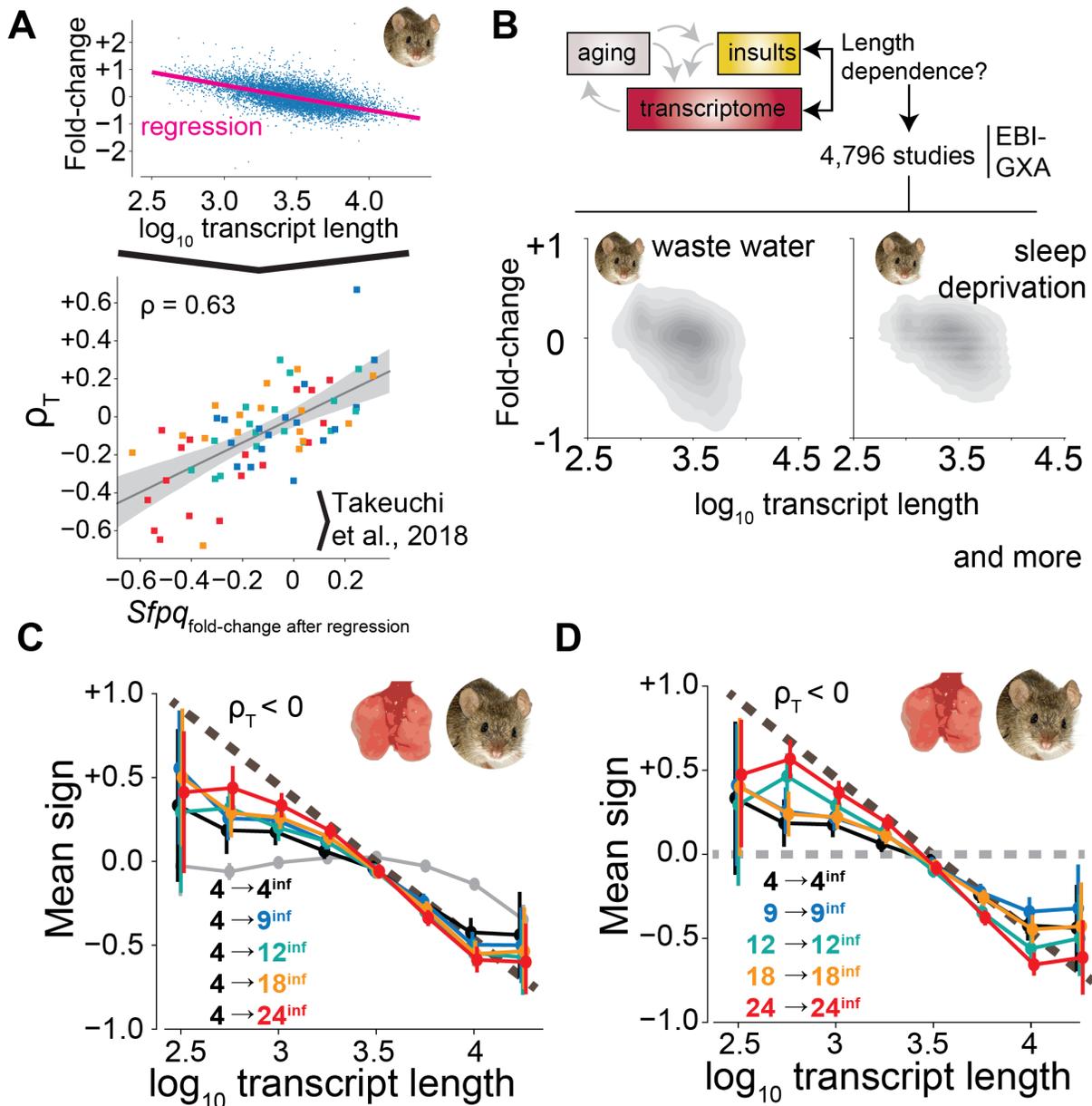
240 since its primary target, the lung, is one the two organs that did not yield detectable
241 transcriptome imbalance in 24-month-old mice and elderly humans at the organ level (Fig. S19).
242 In strong support of our hypothesis, we find that influenza A infection causes a downregulation
243 of long transcripts and an upregulation of short transcripts throughout the lifespan of mice,
244 with the effects being strongest in 24-month-old mice (Fig. 5C,D and Fig. S20), the oldest age
245 tested. We conclude that environmental insults that have already been associated with aging⁴⁰
246 can trigger transcriptome imbalance, and that old individuals may have a reduced capacity to
247 counter environmentally inflicted length-driven transcriptome imbalance.

248

249 **Fig. 5.** Insults promote length-driven transcriptome imbalance.

250 **(A)** The dependence of gene expression fold-change on gene length, here shown for kidneys
251 from 4- versus 24-month-old mice, can be used to correct the fold-change of specific genes. In
252 the bottom panel, we plot corrected fold-changes of *splicing factor proline and glutamine rich*
253 (*Sfpq*) versus overall transcriptome imbalance as measured by ρ_T . Squares represent individual
254 organs. Colors represent age as in Fig. 1C. Light grey area shows 95% confidence interval of
255 bootstrapped linear fit. **(B)** Survey of the EBI–Gene Expression Atlas (GXA) for environmental
256 conditions for inducers of transcriptome imbalance. Shown is direction of fold-change for
257 transcripts following exposure to influenza A virus compared with **(C)** 4-month-old uninfected
258 mice or **(D)** age-matched uninfected mice. An average sign of +1 would indicate that all genes
259 are upregulated, whereas an average sign of –1 would indicate that all are downregulated.
260 Dashed brown line is linear approximation of age-dependent trend identified in Fig. 4A. In all
261 cases, we find that influenza promotes a length-driven transcriptome imbalance with a negative
262 slope ($\rho < 0$). Grey line in **(C)** represents transcriptomes of uninfected lungs.

Fig. 5



263

264

265 Length-driven transcriptome imbalance differs from individual gene-specific regulatory

266 mechanisms by being more informative on transcriptome-wide changes observed during aging.

267 It further differs by inherently and preferentially modulating distinctive processes important to

268 the biology of aging. Finally, transcriptome imbalance differs by causing comparatively subtle

269 changes to the transcript levels of individual genes. Conceptually, this matches the notion that

270 manifestations of aging can be observed among living individuals, whereas strong perturbations

271 of essential processes can cause immediate lethality. Moreover, transcriptome imbalance may
272 help to explain the compounding multimorbidity encountered in elderly humans⁴¹, and why
273 qualitatively distinct insults funnel into similar phenotypes during aging¹. Our study further
274 opens fundamental questions on the organization of transcriptomes and the interplay between
275 epigenetic, transcriptional, and proteomic homeostasis^{42,43}.

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319

320 **Author contributions:**

321 T.S. conceptualized the data analysis, discovered length-driven transcriptome imbalance,
322 performed data curation, developed software, performed the data analysis, visualized results,
323 cowrote the original draft, and supervised the upscaling of bioinformatic preprocessing; R.A.G.
324 performed pilot differential expression queries in GTEx; A.C.M. performed experiments; K.A.,
325 S.S.L., and H.T.N. upscaled bioinformatic preprocessing; B.S. performed experiments; H.A.V.
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330 conceptualized, supervised, and performed mouse experiments and supervised development of
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332 funding, and reviewed and edited the manuscript; and L.A.N. conceptualized and supervised
333 data analysis and cowrote the original draft.

334

335 **Competing interests:**

336 The authors declare that they have no competing interest.

337

338 **Data and materials availability:**

339 RNA sequencing data created during this study will be shared on the Sequence Read Archive
340 upon publication.

341

342 **Materials and Methods**

343 Animals

344 All mouse procedures were approved by the Institutional Animal Care and Use Committee at
345 Northwestern University (Chicago, IL, USA). All strains including wild-type mice are bred and
346 housed at a barrier and specific pathogen-free facility at the Center for Comparative Medicine
347 at Northwestern University. Male C57BL/6 mice were provided by NIA NIH and were housed at
348 Northwestern University Feinberg School of Medicine Center for Comparative Medicine for 4
349 weeks prior to sacrifice.

350

351 Mice were euthanized by pentobarbital sodium overdose. Immediately the chest cavity was
352 opened and animals were perfused via the left ventricle with 10 mL of HBSS (Ca/Mn+). The
353 following organs were harvested: lung, heart, liver, kidney, adrenal gland, white (perigonadal)
354 and brown adipose tissue, skin, skeletal muscles, frontal cortex, cerebellum, esophagus,
355 stomach, and small and large intestine. Gut epithelial cells were isolated after flushing large
356 intestine with EDTA/EGTA solution. Lung and skeletal muscle were subjected to enzymatic
357 digestion to release stromal and immune cells and sorted by fluorescence-activated cell sorting

358 as described elsewhere⁴⁴. All tissues and cells were immediately frozen on dry ice and stored at
359 -80°C for processing.

360

361 RNA isolation and RNA sequencing

362 RNA was isolated using an RNeasy DNA/RNA kit after homogenization and lysis in guanidine
363 thiocyanate buffer supplemented with β -mercaptoethanol. RNA concentration and quality
364 were assessed using an Agilent TapeStation. RNAseq libraries were prepared using an NEB Next
365 RNA Ultra kit with polyA enrichment module using an Agilent Bravo NGS Automated fluidics
366 handling platform as described elsewhere⁴⁴. Libraries were multiplexed and sequenced on an
367 Illumina NextSeq 500 platform using 75 cycles of high-output flow cells and a dual indexing
368 strategy.

369

370 Bioinformatics

371 Sequencing reads were analyzed using an implementation of Ceto
372 (<https://github.com/ebartom/NGSbartom>) in Nextflow⁴⁵. Briefly, BCL files were demultiplexed
373 and converted to fastq files using bcl2fastq, version 2.17.1.14, with default parameters. The raw
374 reads were trimmed using trimmomatic⁴⁶, version 0.36, with the following parameters: trailing
375 = 30 and minlen = 20. Trimmed reads were aligned to the mouse reference genome
376 (GRCm38.p3) with annotations from Ensembl v78 using tophat, version 2.1.0⁴⁷, with the
377 following parameters: no novel junctions, read-mismatches = 2, read-edit-distance = 2, and
378 max-multihits = 5. Aligned reads were counted using Htseq-count from htseq⁴⁸, with the
379 following parameters: intersection-nonempty, reverse strand, feature-type = exons, and id-
380 attribute = gene_id.

381

382 For GTEx¹³, count matrices (version 7) were downloaded from GTExPortal. Samples
383 corresponding to cell lines were dismissed from any further analysis.

384

385 Differential expression

386 Differential gene expression analysis was performed with DESeq2, version 1.20 (mouse) and
387 1.22⁴⁹ using an α value of 0.05 for the adjusted P value cutoff. We subsequently only kept genes
388 that mapped unambiguously been Ensembl Gene Identifiers and NCBI (Entrez) gene identifiers⁴.

389

390 Characteristics of genes

391 For transcription factors, we mapped the Gene Transcription Regulatory Database v18_06⁵⁰ to
392 ± 200 nucleotides to transcriptional start sites supplied by BioMart for the human reference
393 genome build GRCh38.p12 and the mouse reference genome build GrCm38.p6. For miRNAs we
394 used miRDB_v5.0⁵¹. For mature transcripts, length parameters and CG content were identified
395 from GenBank and mapped to genes as described elsewhere using the median across different
396 transcripts⁴. Number of exons, and their minimal, median, and maximal length, were extracted
397 from BioMart. For genes and chromosomes, characteristics were extracted as described
398 elsewhere⁴.

399

400 Modeling

401 Gradient boosting regression models were built in scikit-learn, version 0.20.3³. Of the
402 transcripts, 90% were included and 10% were used as a test set. We only considered protein-
403 coding genes with at least one research publication and an official gene symbol, and which
404 unambiguously mapped in a 1:1 relation between NCBI (Entrez) gene identifiers and Ensembl
405 Gene Identifiers.

406

407 Kernel-density visualizations

408 Kernel density visualizations were created with Seaborn
409 (<https://github.com/mwaskom/seaborn>) using default parameters.

410

411 Symbols

412 Pictures of killifish, mice, and rats were obtained from wiki-commons, and pictures of humans
413 from the Noun Project and OliM, under creative commons license.

414

415 Reanalysis of prior studies

416 We considered genes reported to be significantly up- or downregulated in earlier studies. For
417 mice and rats we used protein-coding genes with at least one research publication and an
418 official gene symbol, and the median transcript lengths derived from GenBank. For killifish we
419 used genes and gene lengths as reported by Reichwald et al. 2015¹⁰.

420

421 Transcriptome imbalance

422 We defined the extent of the transcriptome imbalance as the Spearman correlation between
423 transcript length and fold-change of transcripts in older individuals over younger ones.
424 Significance was obtained through the scipy.stats, version 1.2.1, implementation of the
425 Spearman correlation⁵².

426

427 Single-cell length correlation

428 Data of Kimmel et al.¹¹ and Tabula Muris Senis¹² were downloaded from
429 <http://mca.research.calicolabs.com/> and
430 https://figshare.com/articles/Processed_files_to_use_with_scanpy_/8273102, respectively. As
431 cell types we considered the cell_type and cell_ontology_class columns within the respective
432 meta-data tables contained in the h5ad files. For consistency between the two studies, we
433 further renamed “classical monocyte” to “monocyte”, “natural killer cell” to “NK cell”, “Lung
434 endothelial cell” to “endothelial cell”, and “alveolar macrophage” to “macrophage”. We only
435 considered protein-coding genes which were detected in at least one cell of a given cell type in
436 an individual organ in a given study. We determined the single-cell length correlation by
437 measuring the Spearman correlation between transcript length and signal reported by the
438 studies of Kimmel et. al and Tabula Muris Senis, respectively. For Tabula Muris Senis we solely
439 considered the subset of the data corresponding to FACS-isolated single cells as they
440 demonstrated the highest sensitivity according to their study¹².

441

442 Functional enrichments

443 We considered the genes with the 5% shortest and 5% longest median transcript length. We
444 obtained the categorization of mutants from HAGR^{53,54} and mapped them to human and mouse
445 orthologues through Homologene, version 68 (<https://ftp.ncbi.nlm.nih.gov/pub/HomoloGene>).
446 We considered genes labeled as pro-longevity to be beneficial, and genes labeled as anti-
447 longevity to be deleterious. For Gene Ontologies we used the mapping to NCBI provided by the
448 National Library of Medicine (<https://ftp.ncbi.nlm.nih.gov/gene/DATA/gene2go.gz>) and
449 considered any nonnegating annotation. For differential enrichment we considered genes
450 enriched among the genes with transcripts of one length extreme (5% shortest and 5% longest
451 median) at a Benjamini-Hochberg P value of <0.05 and depleted among the genes with the
452 other length extreme.

453

454 Annotation network construction

455 Annotations were represented as nodes, and we drew edges between them if at least one gene
456 carried either annotation and had been identified by the preceding enrichment analysis.
457 Subsequently we trimmed edges. First, we kept those edges where the largest fraction of the
458 genes of the smaller node were included in the larger. Second, for a given pair of the smaller
459 and larger node, we kept the link if the larger node was the smallest larger node connected to
460 the smaller node. Third—if there were still multiple distinct edges for a smaller node—we kept
461 those where overall there would be fewer genes annotated for the larger node (irrespective of
462 number observed in enrichment analysis).

463

464 Identification of genes correlating with transcriptome imbalance

465 First, the global relation between transcript length and fold-change was approximated through a
466 Lowess fit using Statsmodels, version 0.9⁵⁵. Second, we defined residual fold-changes by
467 subtracting the Lowess fits from the observed fold-changes. For mice, we considered the
468 differential gene expression analyses of our own census of mice between 4-month-old and 9-,
469 12-, 18-, or 24-month-old mice. For humans, we considered GTEx differential gene expression
470 analyses between donors in their 2nd decade and donors in their 4th, 5th, 6th, or 7th decade, as
471 well as between donors in their 3rd decade and donors in their 4th, 5th, 6th, or 7th decade (hence

472 yielding up to eight comparisons per gender and subregion). We defined the correlation between
473 gene and transcriptome imbalance as the Spearman correlation between transcriptome
474 imbalance and the residual fold-changes.

475

476 Comparison to EBI-GXA

477 We downloaded the EBI-GXA⁷ in spring 2017⁴. We parsed the experimental descriptions from
478 the config files supplied and the fold-changes from the supplied differential expression reports.
479 We only considered protein-coding genes with at least one research publication and an official
480 gene symbol, and which unambiguously mapped in a 1:1 relation between NCBI (Entrez) gene
481 identifiers and Ensembl Gene Identifiers.

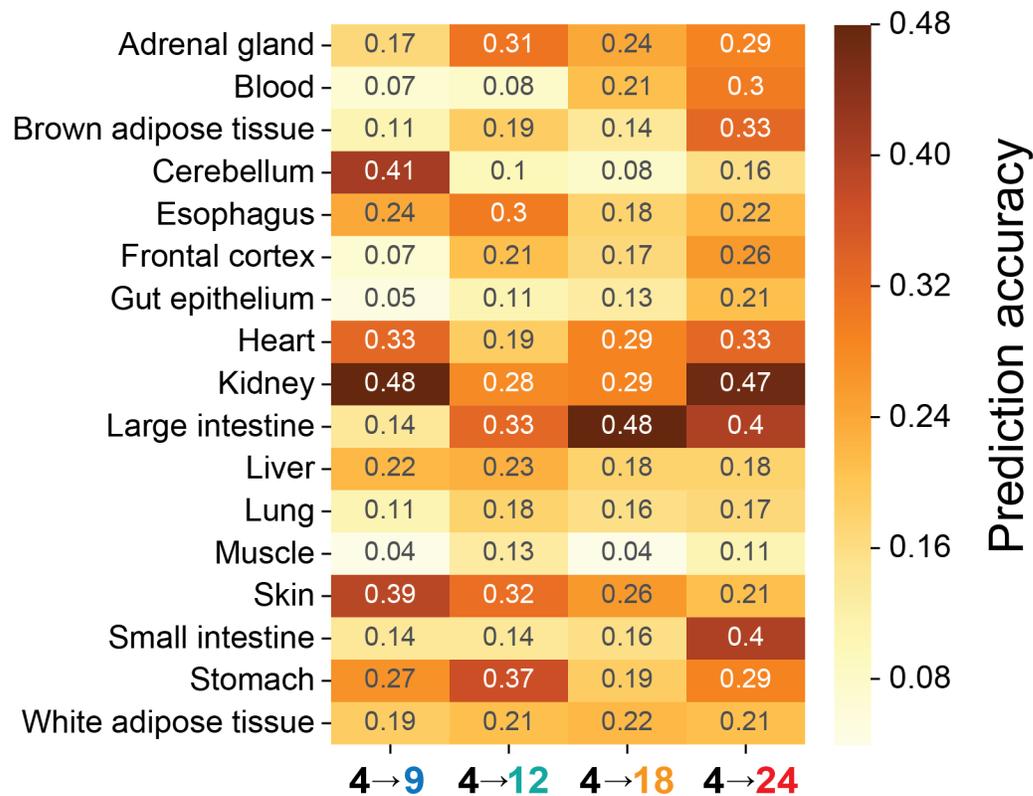
482

483 Influenza A virus infection

484 Influenza virus strain A/WSN/1933 (WSN) was grown for 48 h at 37.5°C and 50% humidity in the
485 allantoic cavities of 10–11-d-old fertile chicken eggs (Sunnyside Hatchery, WI). Viral titers were
486 measured by plaque assay in Madin-Darby canine kidney epithelial cells (American Type Culture
487 Collection). Virus aliquots were stored in liquid nitrogen and freeze/thaw cycles were avoided.
488 For infection, mice were anesthetized with isoflurane and infected intratracheally with 150
489 plaque forming units (PFU) in 50 µL of PBS. Mice were sacrificed after 4 days.

490

Fig. S1



491

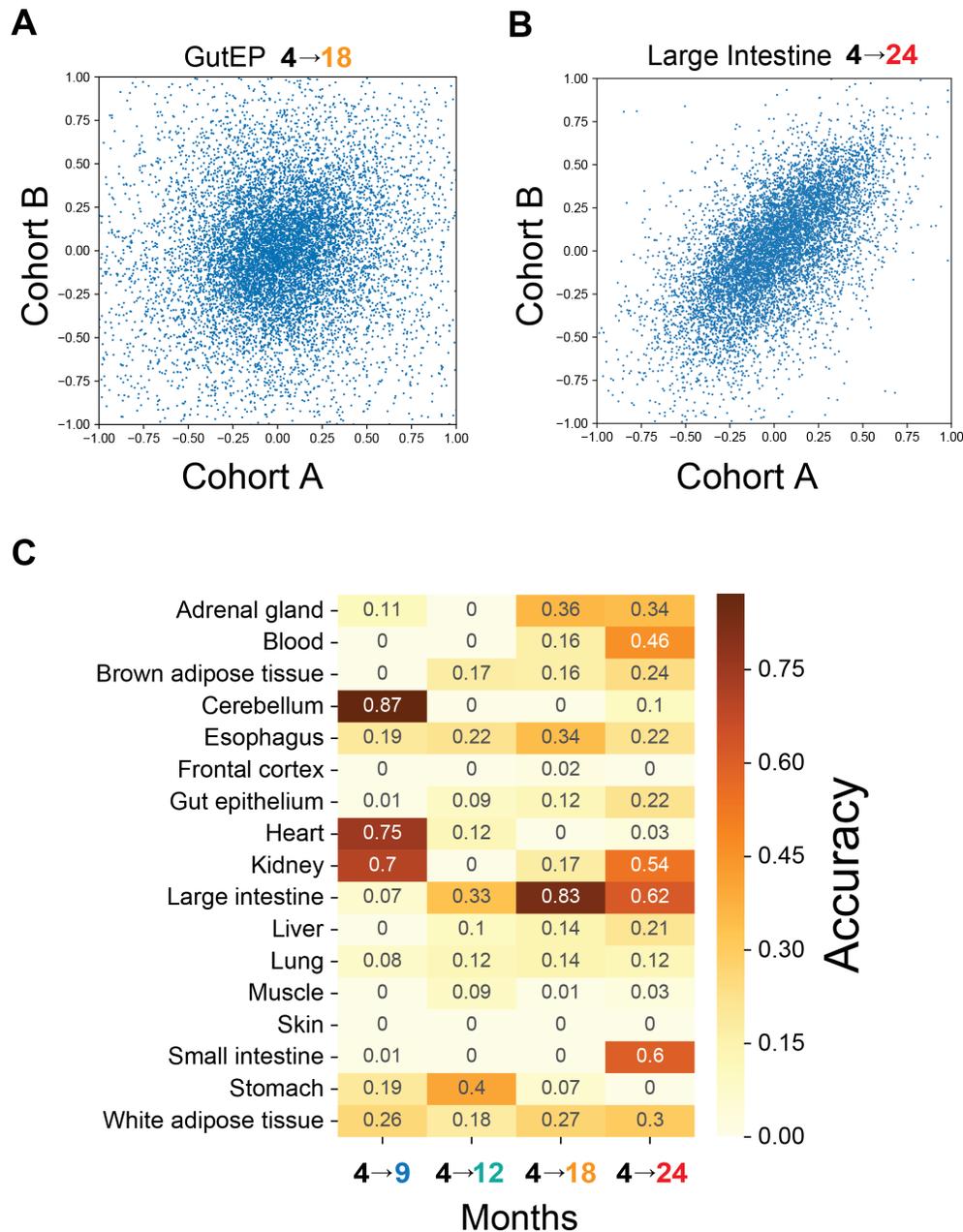
492 **Fig. S1.** Prediction accuracy.

493 Prediction accuracy was defined as the Spearman correlation between observed and predicted

494 fold-changes.

495

Fig. S2



496
497

498 **Fig. S2.** Replicability of fold-changes among cohorts.

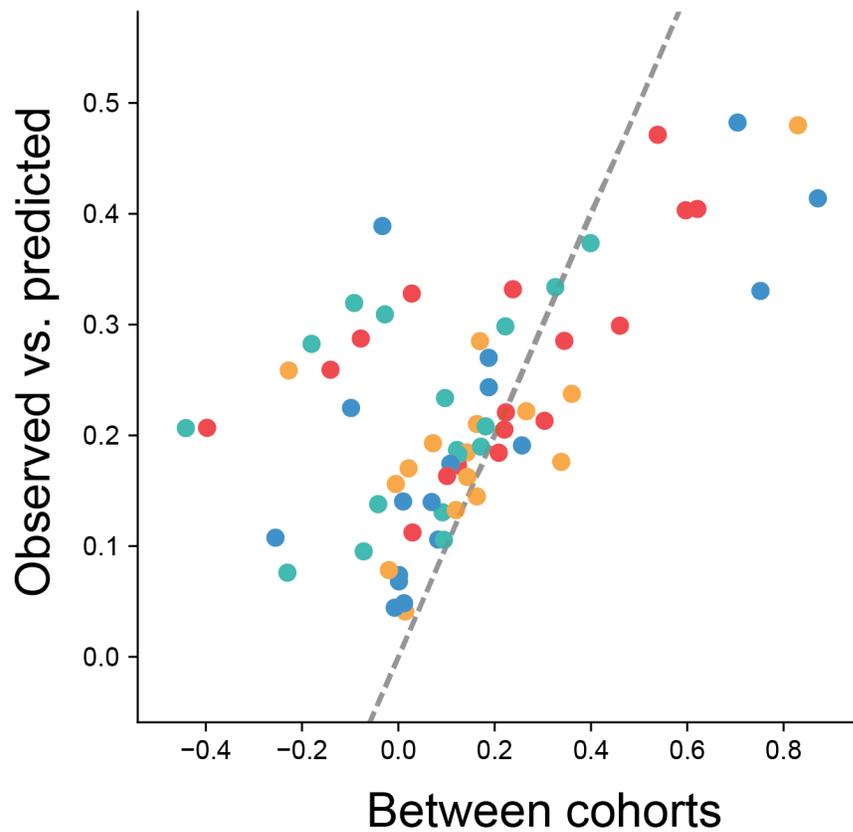
499 (A) Fold-changes of 18-month-old gut epithelium over 4-month-old gut epithelium. (B) Fold-

500 changes of 24-month-old large intestine over 4-month-old large intestine. (C) Empirically

501 observed accuracy was defined as the Spearman correlation between the fold-changes of both

502 cohorts.

Fig. S3



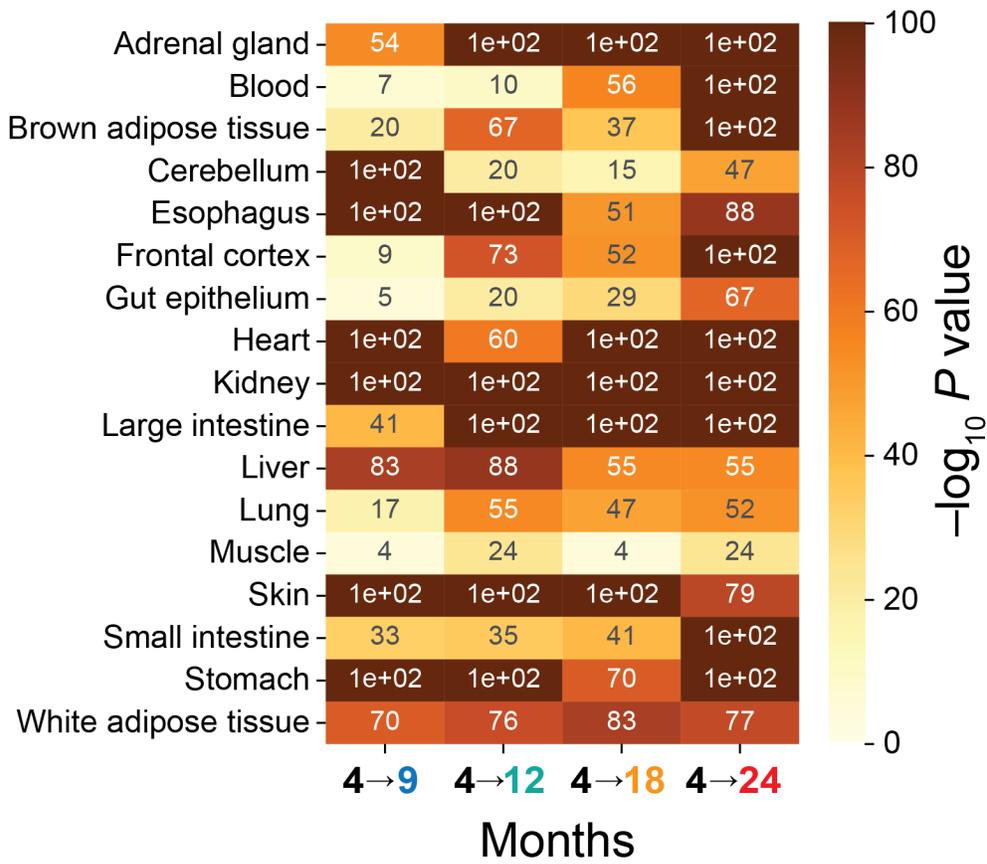
503

504 **Fig. S3.** Comparison of prediction accuracy and empirically observed accuracy.

505 Comparison of empirically observed accuracy between cohorts (Fig. S2) and accuracy of

506 predictions (Fig. S1). Colors indicate ages as in Fig. 1A.

Fig. S4



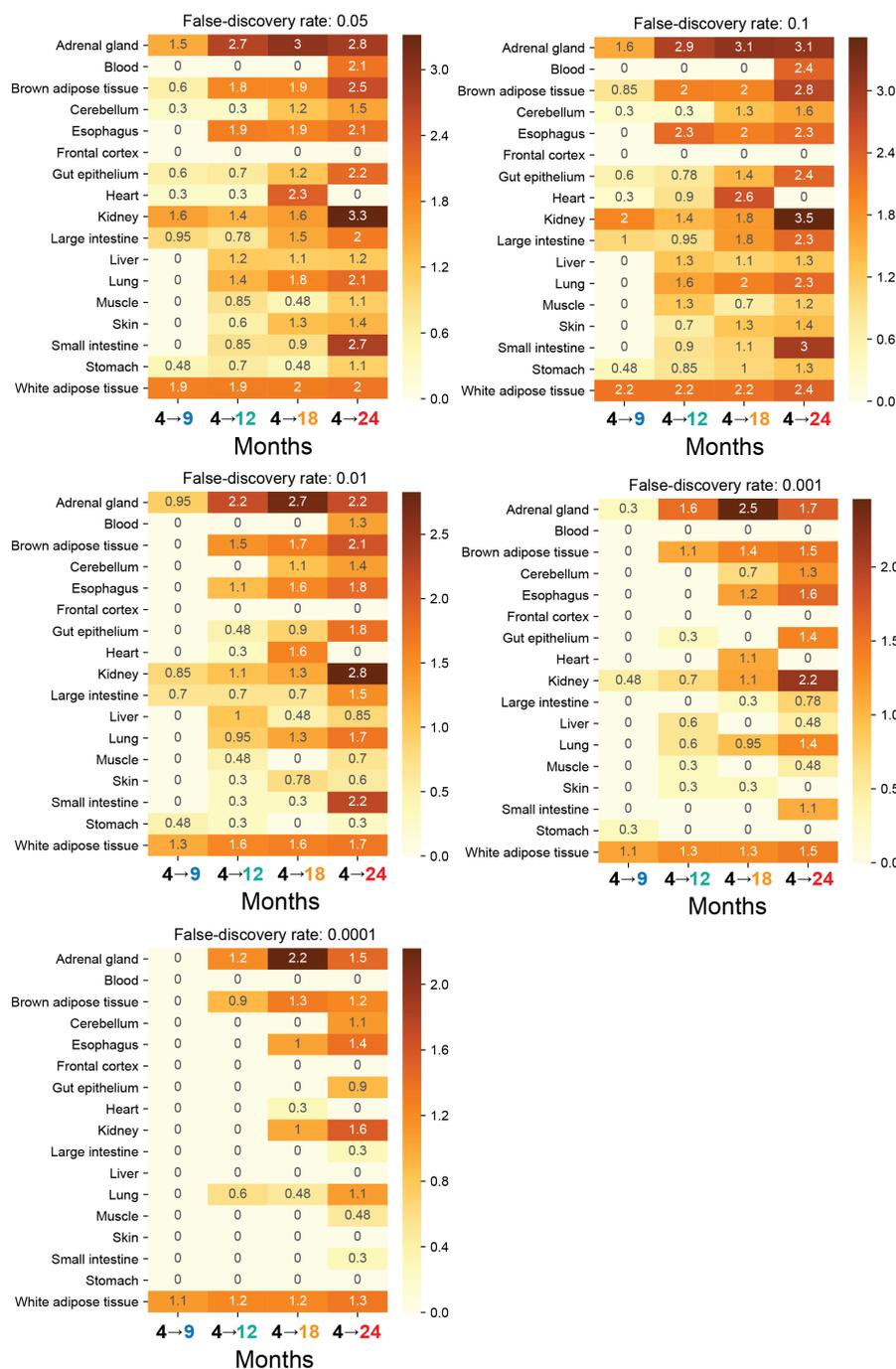
507

508 **Fig. S4.** Significance of prediction.

509 Significance of Spearman correlation between observed and predicted fold-changes reported in

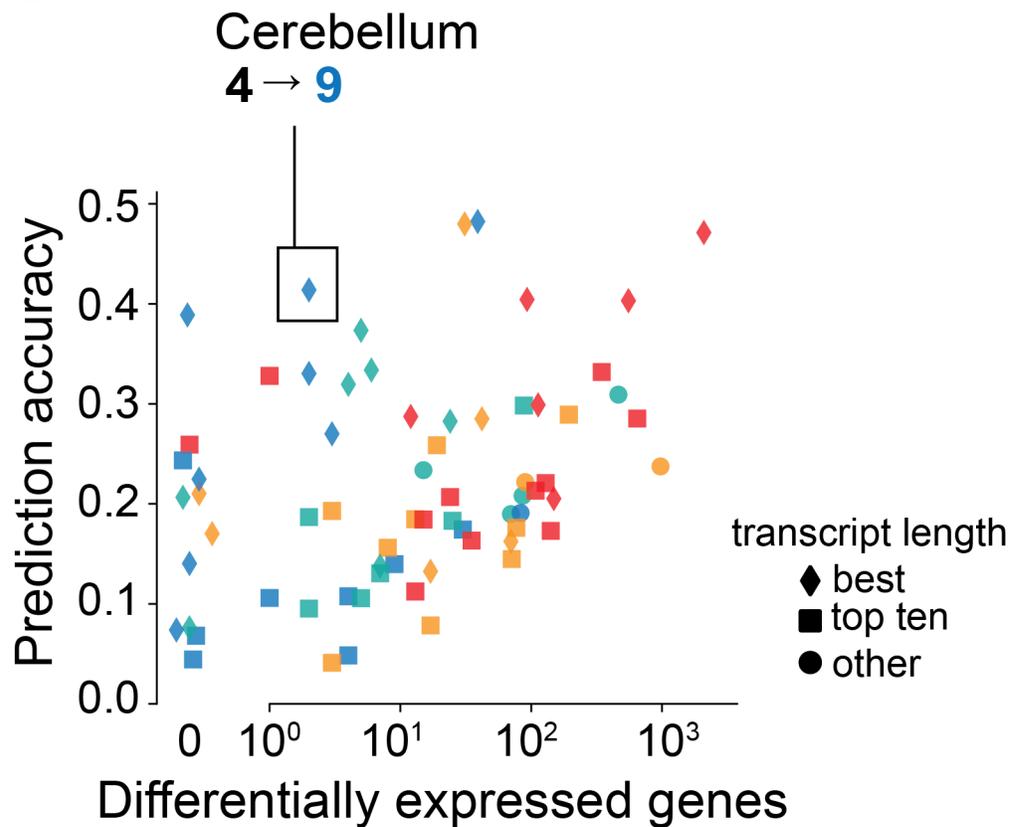
510 Fig. S1.

Fig. S5



511
 512 **Fig. S5.** Differentially expressed genes.
 513 Number of differentially expressed genes relative to 4-month-old organs at different thresholds
 514 for false discovery rate (0.1, 0.05, 0.01, 0.001, and 0.0001). Values are log₁₀(differentially
 515 expressed genes + 1).

Fig. S6



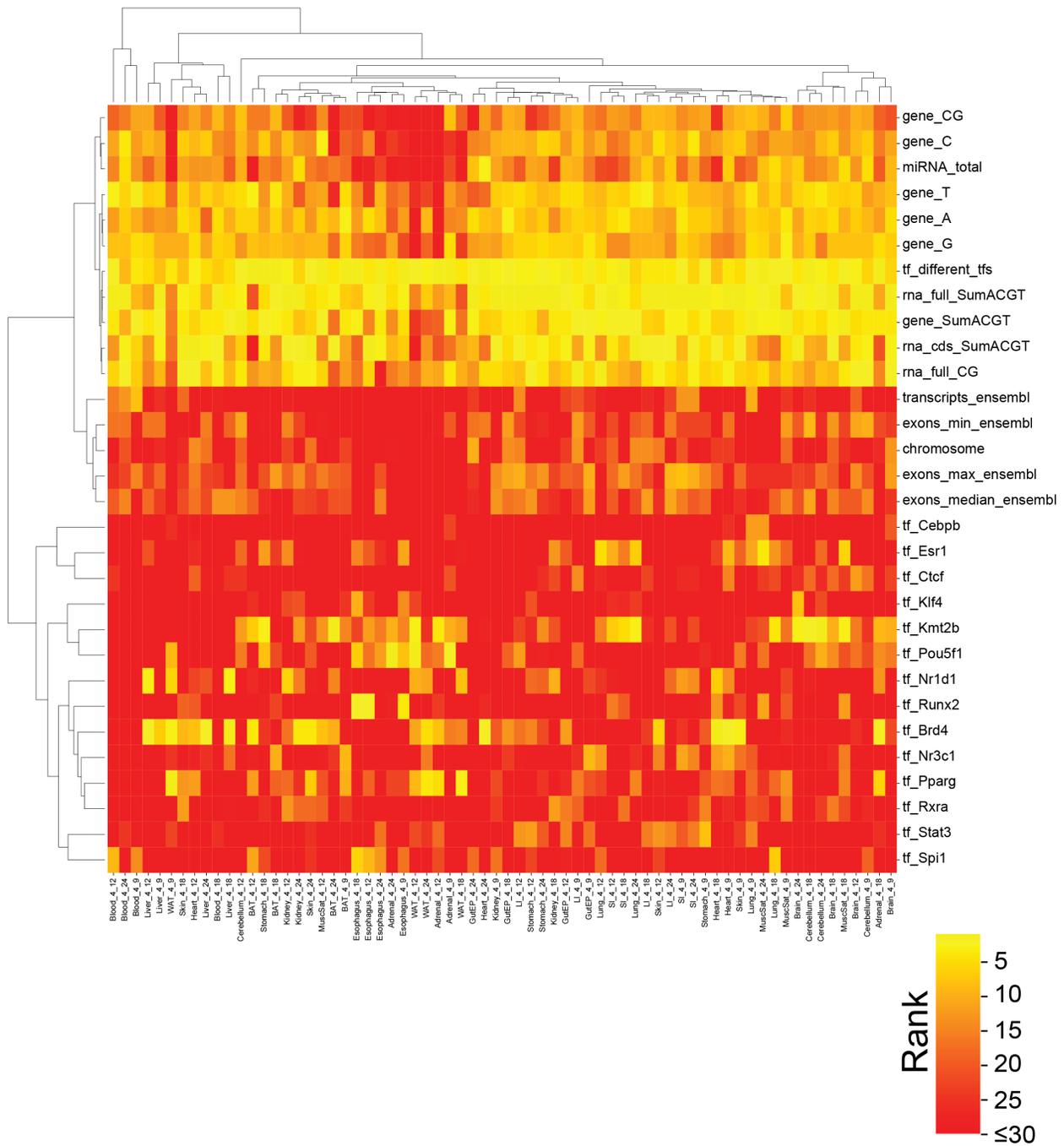
516

517

518 **Fig. S6.** Comparison between prediction accuracy and differential expression.

519 Prediction accuracy, defined as Spearman correlation between observed and predicted fold-
520 change for individual organs of our study, is compared with the number of genes differentially
521 expressed at a false discovery rate of 0.05. Colors represent age as in Fig. 1A, and symbols
522 indicate ranking of transcript length (one of multiple length-related features) within age- and
523 organ-specific models.

Fig. S7



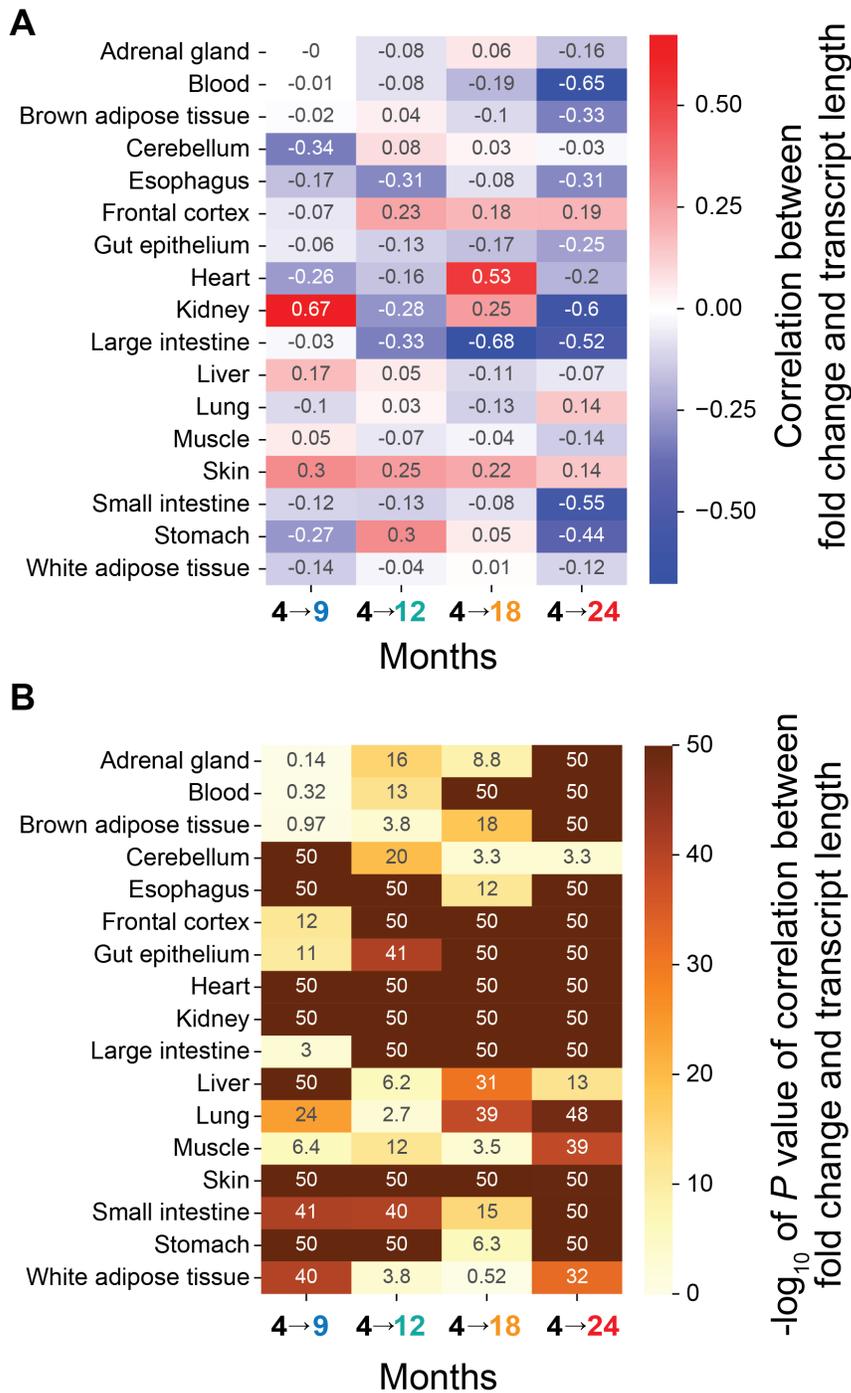
524

525 **Fig. S7.** Cluster map of most informative features in mice.

526 Most informative features (median rank across organs and ages lie in top 30) grouped by Ward

527 clustering.

Fig. S8



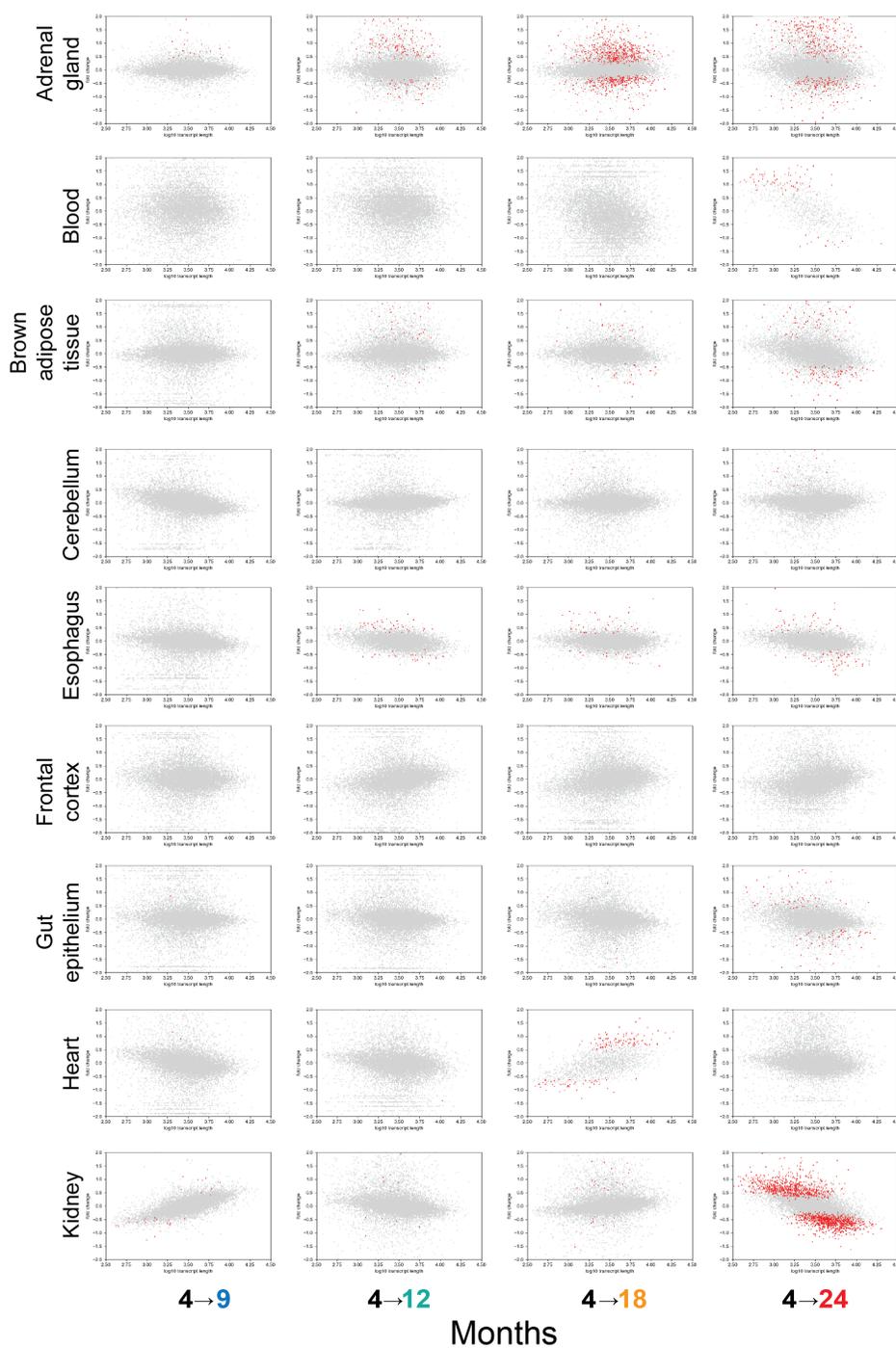
528

529 **Fig. S8.** Transcript length and fold-changes.

530 (A) Spearman correlation between median transcript length and observed fold-changes. (B)

531 Significance of correlations.

Fig. S9



532

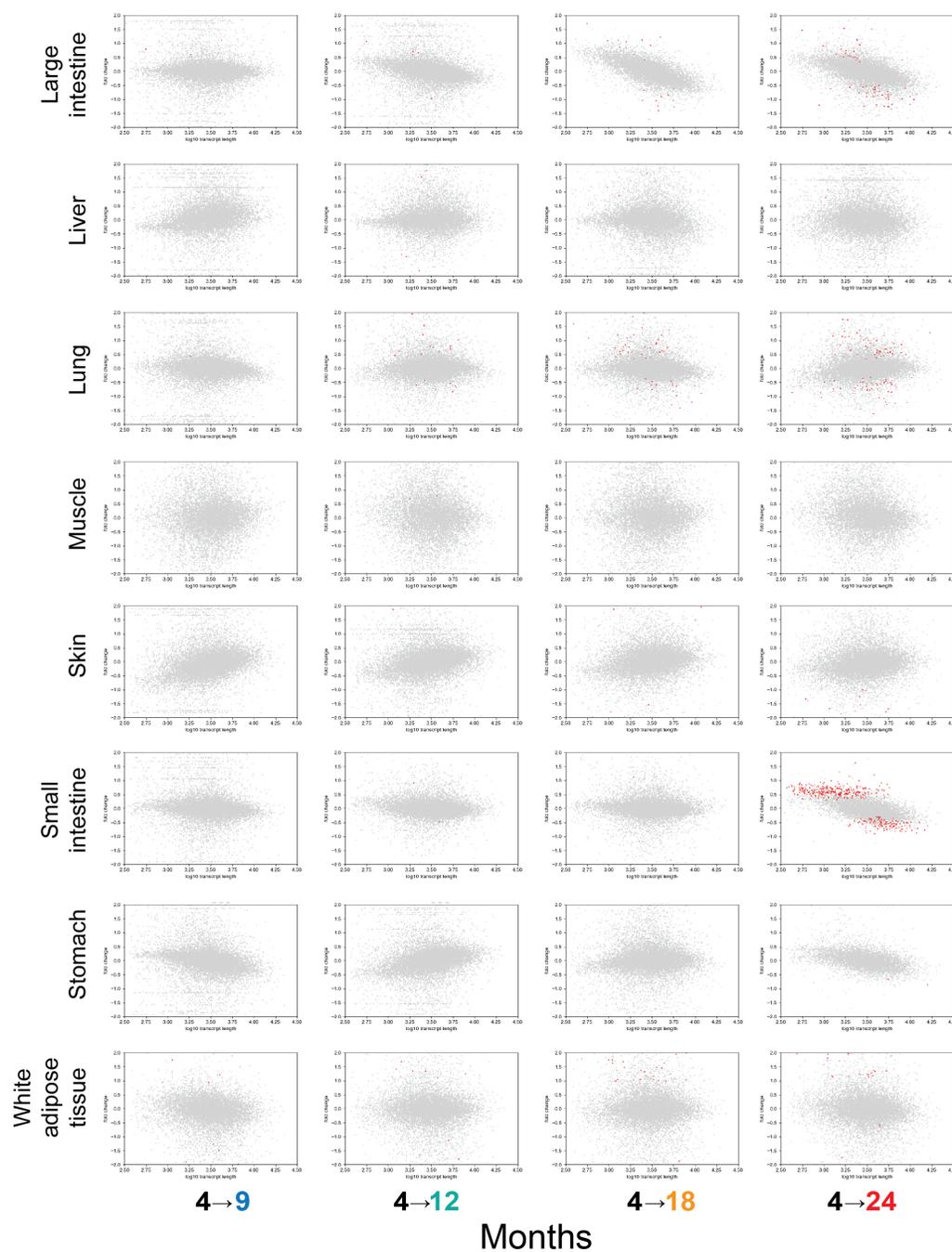
533 **Fig. S9.** Organ-specific representation of transcript length and fold-changes, part 1.

534 Comparison for adrenal gland, blood, brown adipose tissue, cerebellum, esophagus, frontal

535 cortex, gut epithelium, heart, and kidney. Grey dots are genes. Red dots are genes identified to

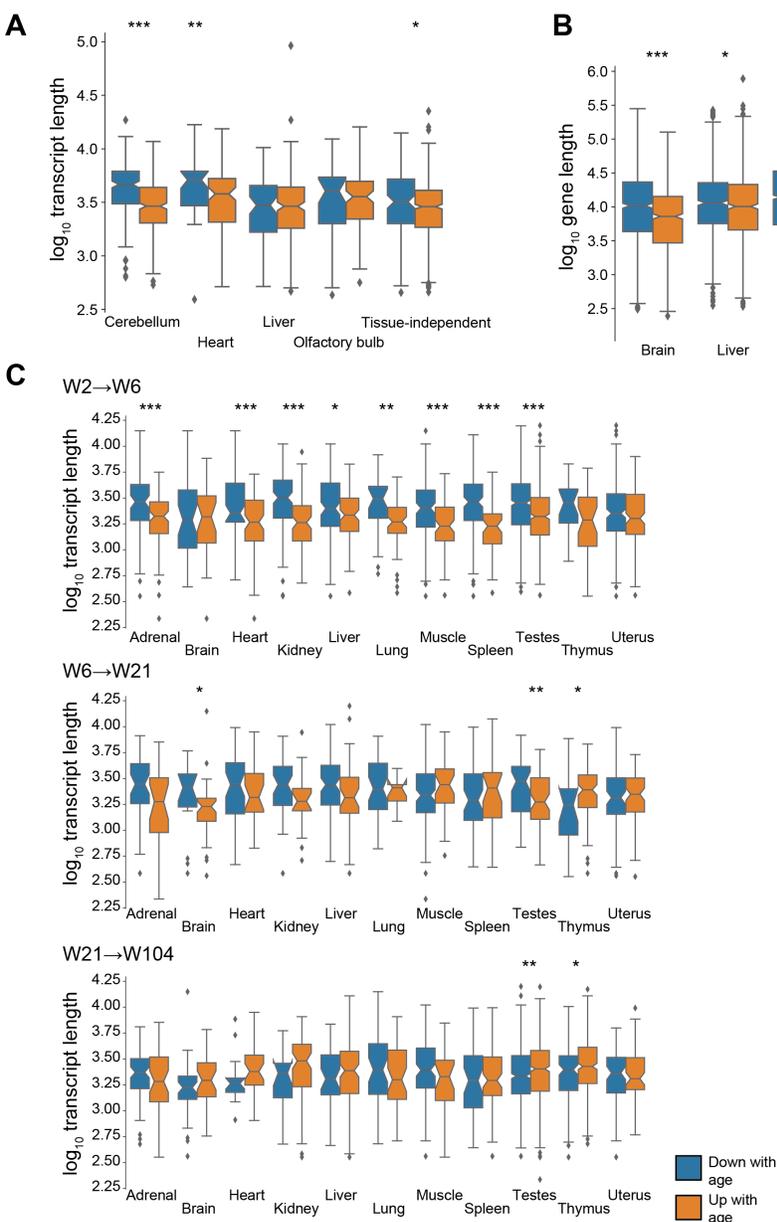
536 be differentially expressed at a false discovery rate of 0.05.

Fig. S10



537
538 **Fig. S10.** Organ-specific representation of transcript length and fold-changes, part 2.
539 Comparison for large intestine, liver, lung, muscle, skin, small intestine, stomach, and white
540 adipose tissue. Grey dots are genes. Red dots are genes identified to be differentially expressed
541 at a false discovery rate of 0.05.

Fig. S11



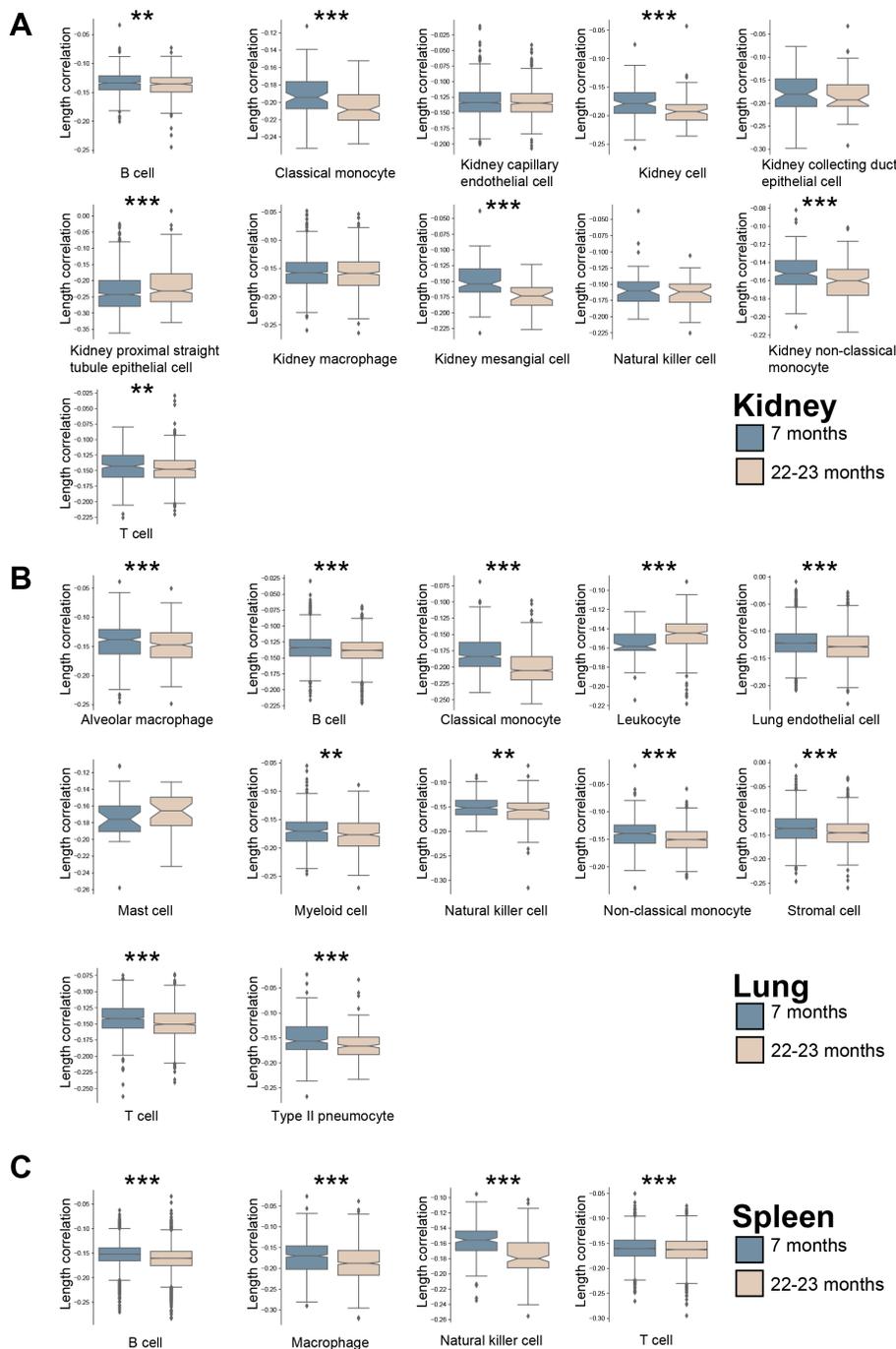
542

543 **Fig. S11.** Differential length of down- and upregulated genes.

544 (A) Median transcript length for mouse genes reported to be differentially expressed across 3-,
 545 12-, and 29-month-old animals by Benayoun et al. 2019⁵. (B) Median gene length for killifish
 546 genes reported to be differentially expressed between 5 and 39 weeks of age by Reichwald et
 547 al. 2015¹⁰. Gene lengths are as reported. (C) Median transcript length for rat genes reported to
 548 be differentially expressed by Yu et al. 2014⁹. W2, W6, W21, and W104 indicate weeks after
 549 birth. * $P < 0.05$, ** $P < 0.01$, and *** $P < 0.001$ in two-sided Mann-Whitney U test.

550

Fig. S12



551

552 **Fig. S12.** Differential correlation between transcript length and transcript counts in single cells.

553 Single cells of indicated cell types of 7- and 22-23-months old mice¹¹ for (A) Kidney (B) Lung (C)

554 Spleen. * $P < 0.05$, ** $P < 0.01$, and *** $P < 0.001$ in two-sided Mann-Whitney U test.

555

Fig. S13



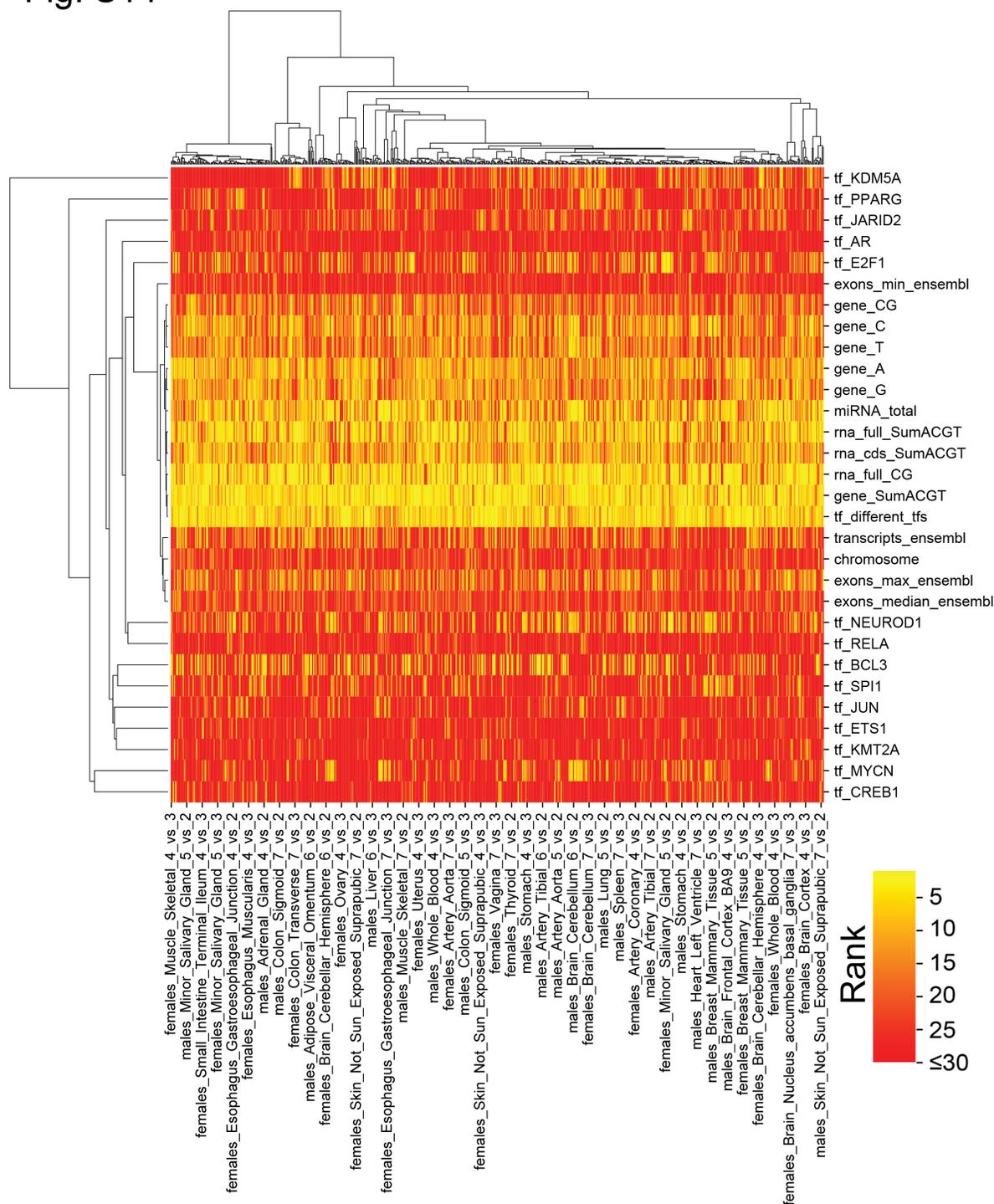
556

557 **Fig. S13.** Significance of difference in single-cell length correlations.

558 As in Fig. 2C, but with labels of cell types assigned by authors^{11,12}.

559

Fig. S14



560

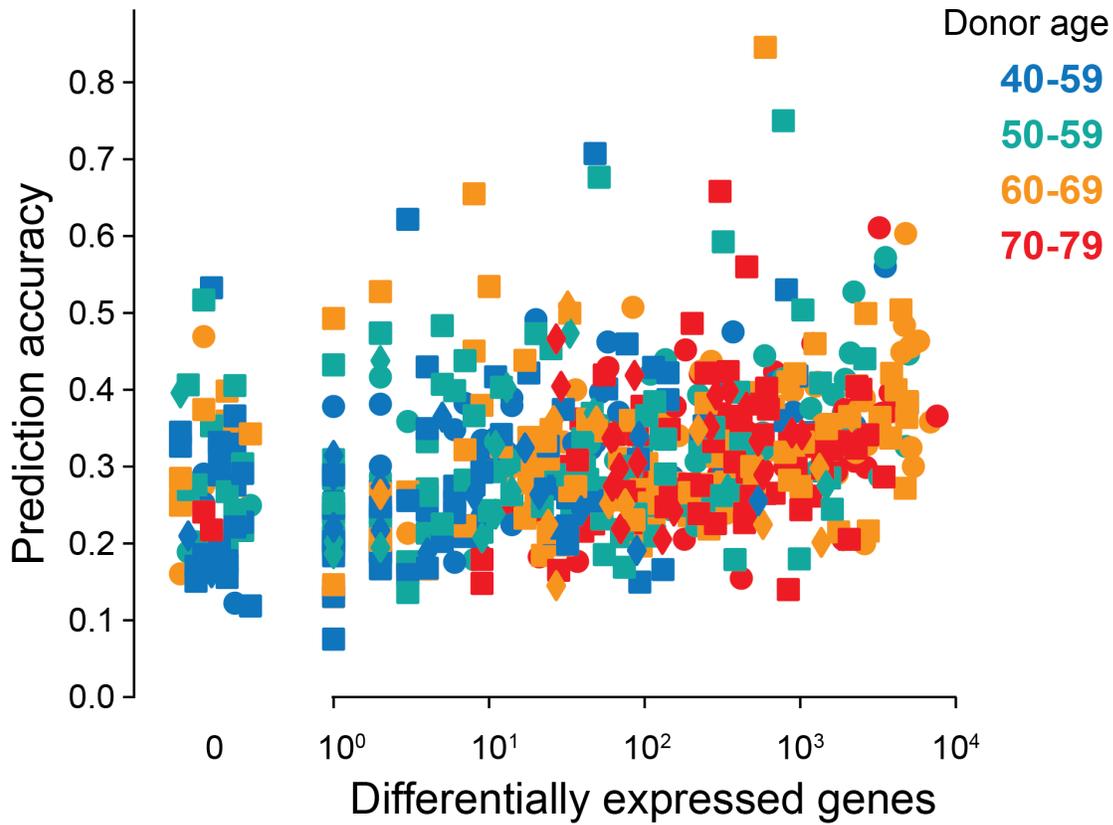
561

562 **Fig. S14.** Cluster map of most informative features in human GTEx.

563 Most informative features (median rank across organs and ages lie in top 30) grouped by Ward

564 clustering.

Fig. S15



transcript length

- ◆ best
- top ten
- other

565

566

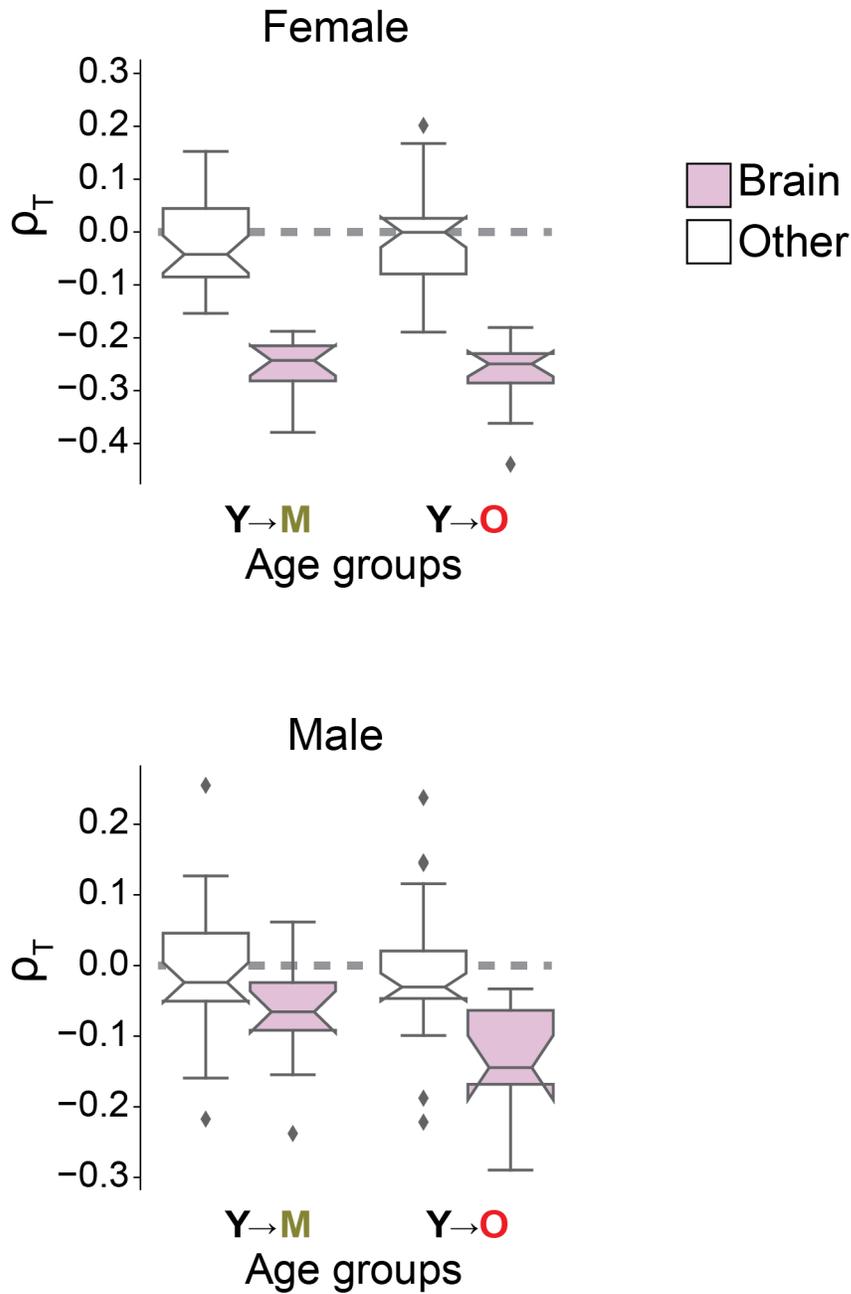
567 **Fig. S15.** Prediction accuracy and number of differentially expressed genes for human GTEx.

568 Analogous to Fig. S6, but for human GTEx samples. Shown are comparisons between donors in

569 the indicated decade relative to donors aged 20–29 years. Male and female donors are

570 represented separately.

Fig. S16



571

572

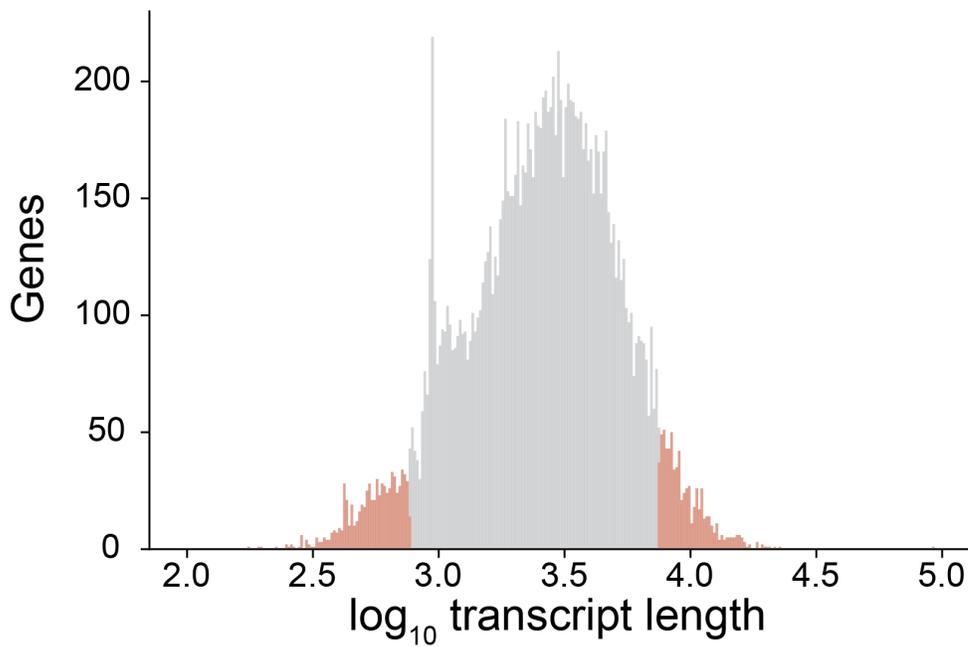
573 **Fig. S16.** Gender-specific imbalance among human donors.

574 As Fig. 3C, but displaying length-driven transcriptome imbalance separately for tissues of

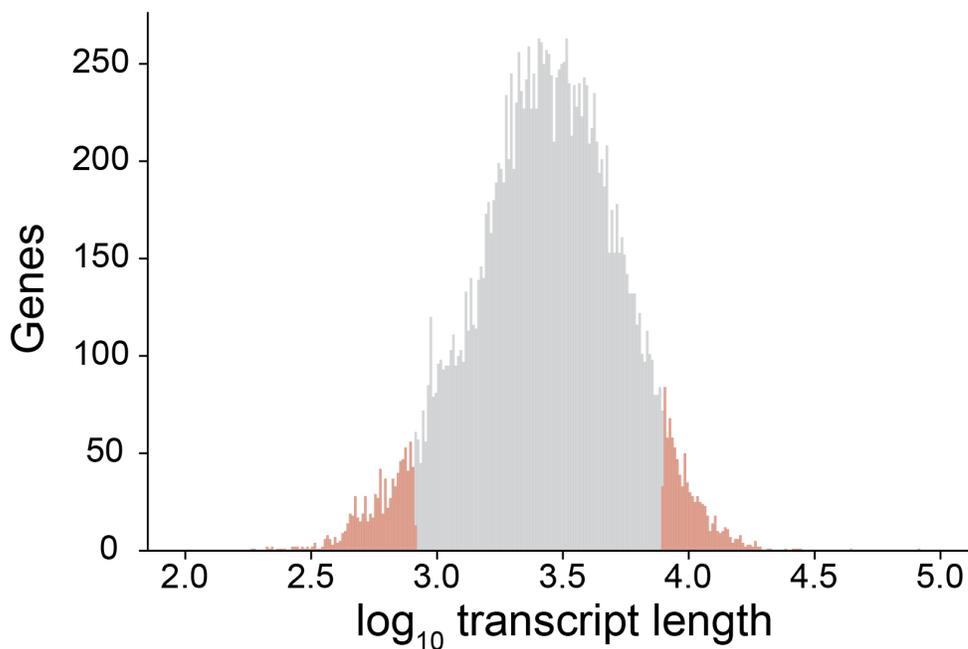
575 female (top) and male donors (bottom).

Fig. S17

A



B



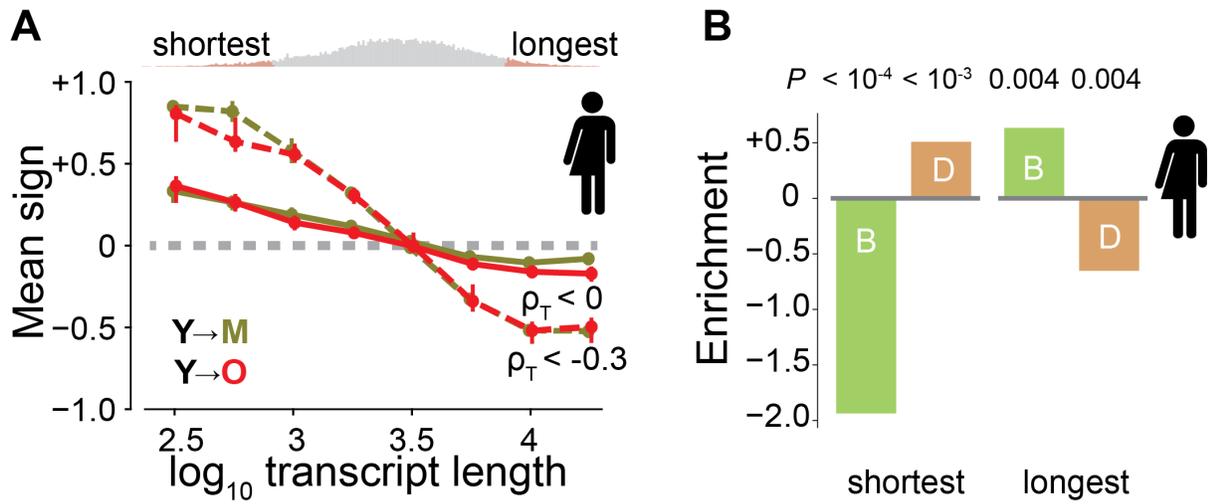
576

577 **Fig. S17.** Distribution of median transcript length.

578 **(A)** For mouse protein-coding genes. **(B)** For human protein-coding genes. Red indicates the

579 genes with the 5% shortest and 5% longest transcripts.

Fig. S18



580

581

582 **Fig. S18.** Human changes with transcript length.

583 **(A)** Direction of age-dependent change of transcripts, analogous to Fig. 4A, but for humans.

584 Additionally, the dotted curve shows samples with strong imbalance ($\rho_{IB} < -0.3$). The shortest

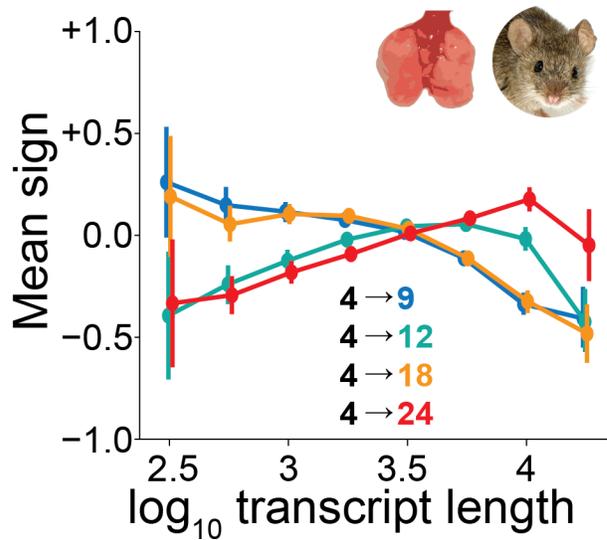
585 and longest genes get most affected by transcriptome imbalance. **(B)** Fold enrichment for

586 beneficial (B, green) and deleterious (D, orange) genes among the genes with the 5% shortest

587 and 5% longest median transcript lengths in humans. Negative enrichment indicates depletion.

588

Fig. S19



589

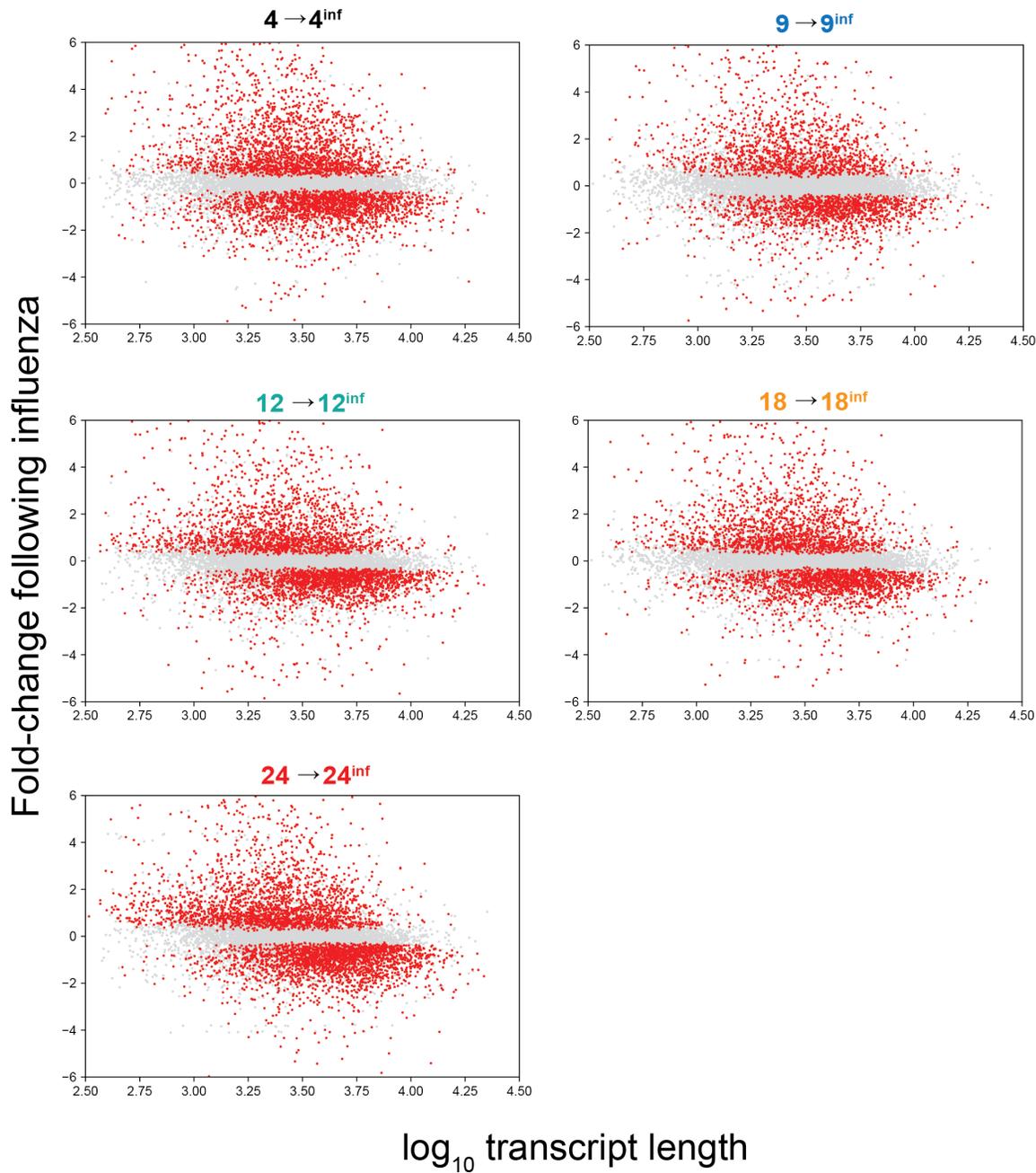
590

591 **Fig. S19.** Changes with transcript length in uninfected lung of mice.

592 An average sign of +1 would indicate that all genes are upregulated, whereas an average sign of

593 -1 would indicate that all are downregulated.

Fig. S20



594

595 **Fig. S20.** Transcript length dependency following influenza.

596 Fold-changes observed in lung after influenza relative to lung without influenza exposure for

597 individual genes. Graphs show mice of different ages. Red dots indicate differential expression

598 at false discovery rate of <0.05 .

599 **Table S1.**

600 Importance of individual contributing features.

601

602 **Table S2.**

603 Importance of individual contributing features in human GTEx.

604

605 **Table S3.**

606 Annotations enriched among human genes with short transcripts.

607

608 **Table S4.**

609 Annotations enriched among human genes with long transcripts.

610

611 **Table S5.**

612 Annotations enriched among mouse genes with short transcripts.

613

614 **Table S6.**

615 Annotations enriched among mouse genes with long transcripts.

616

617 **Table S7.**

618 Mouse genes correlating with transcriptome imbalance.

619

620 **Table S8.**

621 Correlation between transcript length and fold-changes of mouse studies in EBI-GXA.

622

623 **Table S9.**

624 Correlation between transcript length and fold-changes of human studies in EBI-GXA.

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